
INGHAM PARISH MAGAZINE



A flowering Cherry
Tree was planted on
5th April to honour
Faith Hubbard
for her long term
commitment to
Ingham Village Hall.

Holy Trinity Church Quiz on
Saturday 24th May 2025 at 7pm for a 7.30pm start

Date for your Diary: Saturday 21st June
Celebrate 40 years of Ingham Hall

May 2025

Editorial

Dear Reader

What dry weather we have been having. What was that saying? “March winds and April showers bring forth May flowers”. What happened to the ‘April showers’ part of it? Everything is as dry as a bone. I was speaking with Alistair and he was saying how his wheat crops have ‘flopped down’ with moisture stress. The sugar-beet he planted are suffering due to the pigeons eating them, they are trying to get their fluids.

As you will have read, Faith has retired from the Village Hall committee and a tree has been planted to commemorate her years of service. Alongside her other duties, Faith also wrote the updates for the Village Hall pages in this magazine. This task has now been taken on by Kate. Faith will continue to write her Nature Notes from time to time and we are looking forward to reading those.

It is with great sadness that we note the passing of Joyce Fuller who died last month. She will be greatly missed. Further on in the magazine you will find a tribute to her, written by Joyce’s long standing friend, Faith.

Angela, Andreas, Darren, and Lesley

The magazine is available for download from the Ingham Village website: www.inghamvillage.co.uk.

If you wish to send an article to the magazine for publication, the cut off date is 20th of the month. Please send it to: magazine@inghamvillage.co.uk

Mobile Library Van

On Wednesday 28th May at 4.10pm

On the Village Hall car park

Please note this information is subject to change.

For all enquiries please call 01693 222303

INGHAM VILLAGE HALL - Registered Charity No 303988

As mentioned in last month's magazine, our former Treasurer, Faith, stepped down as a Trustee of Ingham Village Hall, after over 40 years of dedication, hard work and service to the people of Ingham. In order to commemorate this fine achievement, a group of past and present Trustees recently met with Faith in the grounds of the Village Hall, where we planted a beautiful flowering cherry tree in her honour. Faith's husband David has also decided to stand down from his long-standing duties as the Village Hall's maintenance man, so the tree planting was followed by tea & biscuits and a presentation of a framed certificate to Faith, a gift voucher to David and a hamper for the couple to enjoy in their retirement. Thank you both, once again.

Dates for your diary:

On the afternoon of **Saturday 21st June 2025**, we will be celebrating Ingham Village Hall's 40th Anniversary, so please put this date in your diary and come and join in with the fun. Further details to follow.

Sunday 27th July is Norfolk Day! Come along to the Village Hall on, for refreshments, quiz and raffle, from 10am – 12 noon, to help us celebrate Norfolk Day.

Regular hirers for May (Contact numbers in brackets)

Cliff Knight Art Class - every Wednesday 10am to 12 noon (Pre-booking, 01692 580212)

Ingham Art and Craft Club - Tuesdays from 2pm to 4pm (Anne 580814) or (Faith 583338)

Marine Cadets 901 Troop - Fridays from 6.30 to 9.30pm (David 07780 903554)

Sociable Seniors - Monday 19th 2.00 to 4.00pm (Brenda 07879 888453)

Zumba with Tina - every Monday Zumba Gold at 6.30pm, Zumba Toning at 7.30pm (Tina 07341 360389)

Ingham Parish Council - Wednesday 28th at 7.30pm

All Hall Booking enquiries to Darren Rogers 01692 580202

Or book online: www.inghamvillage.co.uk

Ingham Craft Club

This is being written as a tribute to founder member Joyce Fuller, who sadly has recently died. She became a member when the club opened in 1979 and very rarely missed a meeting. She was the most accomplished needlewoman anyone could hope to meet and there were very few crafts that she could not do. Her greatest skill was patchwork, and over the years she made dozens of bags, cushions, children's quilts and pillows. They were always good sellers at craft venues that she and Faith attended over the years in this part of Norfolk. She passed on her expertise to many of us who joined the club.

Rest in Peace dear Joyce. We will miss you.



Jo Bushnell
Sports & Deep Tissue Massage Therapist

Do you have aches and pains?
I do deep tissue and sports massage.
I am mobile so can come to you.
Contact Jo on 07921 525832

**Ear Wax Removal
Home Visits**

Ear Irrigation and Microsuction

One or both ears £45

If no wax is present to be removed the cost of the appointment will be £20

Sara Foster
BSc MSc PA-R GMC registered clinician

07903391522
sarafooster1997@yahoo.com

**MILESTONE
THERAPY CENTRE**
INGHAM ROAD, STALHAM NR12 9DS



Sports, Swedish & Aromatherapy Massage
Reflexology - Reiki - Sound healing - Indian Head Massage
Menopause Wellbeing Practitioner
Pilates & Yoga Classes

We offer sports & therapeutic massage and a range of holistic therapies in our treatment cabin along with movement based classes in our gym space.

Find us on the edge of Stalham with plenty of free parking.

www.milestonetherapycentre.co.uk
Telephone - 07941817481

Book treatments direct
via our Fresha page



PILATES CLASSES



**Julian Ashman
PILATES**

Hickling Barn
Tue, 8am beginners /improvers
9am intermediate

Contact Julian on 07886 553 027
julian@corepilatesnorfolk.co.uk
corepilatesnorfolk.co.uk



Vacancy on Ingham Parish Council

The Parish Council at its March Meeting accepted the resignation of Chris Pestell, a long serving councillor. Thanks were recorded for his long and dedicated service.

The Council now has a vacancy and the notice is below:

NOTICE OF VACANCY IN OFFICE OF COUNCILLOR

Parish of Ingham

NOTICE IS HEREBY GIVEN

that a casual vacancy has arisen in the Office of Councillor for the Parish Council.

If by 24 April, 2025 (14 days excluding Dies Non, after the date of this notice) a request for an election to fill said vacancy is made in writing to the Returning Officer at the address below by TEN electors for the said Parish, an election will be held to fill the said vacancy, otherwise the vacancy will be filled by co-option.

Where a written request for an election is being made, the signatures of the ten electors should be accompanied by the printed names and addresses, so that the Proper Officer can check the validity of the request.

If an election is called, it will take place not later than 30 June, 2025.

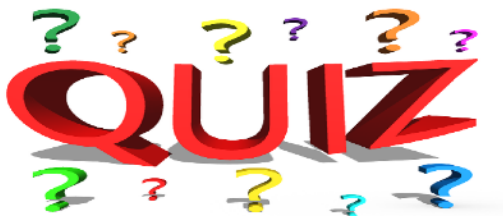
If an election is *not* requested, the Parish Council will fill this vacancy by co-option.

Dated 2 April, 2025

Steve Blatch
Returning Officer
Electoral Services
North Norfolk District Council
Holt Road
Cromer
Norfolk
NR27 9EN

Any queries please do not hesitate to contact one of the Parish Councillors or the Clerk. Wendy Stanger - wendystanger2@gmail.com

News from Holy Trinity Church



Do you like a quiz?

We've decided to hold our first Holy Trinity Church Quiz on **Saturday, 24th May 2025 at 7pm for a 7.30pm start**. The cost is £5 per head but bring your own food and drink. It will take place in the Village Hall so plenty of parking and mod cons like toilets! Tables of six but if you can't make up a team and don't mind being sociable you can join others on the night.

There will also be a raffle and Heads and Tails. If you don't know what Heads and Tails is, then you can find out by buying a quiz ticket and coming along! Please bring cash including plenty of £1 coins.

Tickets are available in advance from Jan & Chris Peck on 581563.

SAVE THE DATE - 2025 Ingham Church Fete and Fun Dog Show

Holy Trinity will be running the Fete and Fun Dog Show this year on Saturday, 16th August 2025 starting at 1pm at the Ingham Village Hall and playing field.

If you want to be involved in any way, for example helping out with set up, running a stall, making cakes etc then we'd love to hear from you.

Please contact the Fete Committee - Buntly McClean on 583481, Jan or Chris Peck on 581563 or Mark Newstead on 582053. You can also put a note in the black post box on the Church gate.

Services at Holy Trinity Church

Sunday, May 4 th at 10.30am	Morning Prayer	Stalham
Sunday, May 11 th at 10.30am	Holy Communion	Sutton
Sunday, May 18 th at 10.30am	Morning Prayer	Ingham
Sunday, May 25 th at 10.30am	Holy Communion	Stalham

As we have no Vicar at the moment, it is possible that some service types, locations and times may change, possibly at short notice. If so, a notice announcing the change will be posted on the Church notice board on the gate.

Advance Notice

On Tuesday 3rd June, from 10.30am-12.30pm we shall hold a meeting for Prayer-through-Art in Holy Trinity Church, Ingham, NR12 9SD. You are invited to join us in this quiet space to draw on the images and architecture to inspire creativity. This is not a class: it is an opportunity to look at the familiar in more focus. The PCC is kindly providing Coffee, Tea and Nibbles. Pencils, felt pens etc will be available. Simply bring paper or board. No paint, please. I ask you to consider a donation as a thank-you for the hospitality.

Feel free to contact me should you wish to know more.

Zephney Kennedy - 01692 598179, zlkndy@gmail.com

Thanks and warm wishes,

Zephney

St Mary's Parish Church Council, Hickling, Norfolk, Lay Chair and Deanery Synod Representative

Revd Zephney L Kennedy, The Methodist Church UK



*Enjoy our delicious home-cooked lunch
menu or pop in for coffee and cake*

Open Friday, Saturday, Sunday and Monday

Full details on Facebook or www.smallstickscfe.co.uk

Tel: 01692 583368

Email: enquiries@smallstickscfe.co.uk Cart Gap Road, Happisburgh, NR12 0QL

Broadland Cattery

Purpose built cattery for all of your cats needs - lots of cuddles guaranteed!

- * Quiet Location
- * Heated Cabins
- * Large Runs
- * Short or Long Stay



Stalham (01692) 580202

www.broadlandcattery.co.uk

enquiries@broadlandcattery.co.uk

Greenacres, Brick Kiln Lane, Ingham, NR12 9SY

Broadland Computers

- * New & Used PC Sales * Repairs, Upgrades & Servicing *
- * Peripherals & Consumables * Website Design & Hosting *
- * Wi-Fi & Broadband Installations * Help & Support *



Phone: Stalham (01692) 581766

Web: www.broadlandcomputers.co.uk

Email: enquiries@broadlandcomputers.co.uk

Broadland Computers, Greenacres, Brick Kiln Lane, Ingham

Paul's Bricklaying Services

Flint & Lime work, renovation, repair and new.

Brickwork, Patio's, Driveway's, Paving, Landscaping & Gardening.

City & Guilds Qualified

01692 598179

paulsmut@hotmail.com

paulsmut.wixsite.com/paul

30% OFF*

kellyscutsncuddles@gmail.com

*discount for
Dec '24 & Jan '25

BOOK NOW

♥ 4 Years Experienced
Dog Trainer

♥ Certified in
Pet First Aid

KELLY'S DOG GROOMING

CUTS N CUDDLES

07351 562223

more than just a cut

FREE personalised care package

♥ Certificate in
Dog Psychology



Sutton, Stalham



Canon Portal, the primary lifeboat in our fleet, has successfully completed its scheduled winter maintenance and safety checks. The vessel underwent a comprehensive engine service along with a mandatory inspection conducted by MECAL, a leading certifying authority in the maritime industry. We are pleased to report that Canon Portal passed all checks with flying colours, reaffirming her readiness and reliability for the months ahead. The routine maintenance ensures the continued safety of crew and passengers, and reflects our ongoing commitment to high operational standards. With her clean bill of health, Canon Portal is once again fully operational and standing by for service.

Mark your calendars! Our annual Lifeboat Day will be held on Sunday, August 10th. Following last year's success, we invite anyone interested in having a stall on the beach, sponsoring a stall or donating a raffle prize please contact rita@seapallinglifeboat.co.uk.

With warmer weather bringing more people to the beach, please remember to dial 999 and ask for The Coastguard if you see anyone in difficulty in the water. Your safety is paramount; please do not put yourself at risk.

Cooks of Ingham Farmshop



Visit us for Seasonal Home Grown Fruit & Veg.

Honey – Preserves – Chutneys – Cakes – Cookies – Flour
Cheeses – Ice Creams – Norfolk Apple Juices – Gifts – Books

Plus much more! Locally Sourced Wherever Possible

Sugar and Gluten free products also available



Boundary Farm, Palling Road, Ingham, NR12 0TS
01692 598202

Mon to Sat 9am-5pm — Sun 9am-4pm



Hickling Barn Events

Hickling Rural Cinema - Friday May 16th at 7:30pm

“A Royal Night Out” (PG) – Comedy, Drama, Romantic



VE Day, 1945. Across Europe, people are celebrating the end of the war. London overflows with celebration and excess. Two princesses are allowed out that night to join the party. For the first time they are able to mingle with the teeming crowds, incognito, and they get back home far too late. Home is Buckingham Palace. Our two princesses are Margaret and the future Queen of England, Elizabeth. Inspired by true events.

A Royal Night Out is a heart-warming and riotous tale of the Queen witnessing the energy and spirit of this unique night..

Tickets £5, Refreshments and Drink available

Quiz Night at Hickling Barn – Saturday May 31st at 7:30pm

Join us for a night of fun and entertainment

Test your knowledge and logic against our quizmaster!

Prizes to be won.

Just £12 per person with a maximum of eight in a team.

Hot Food is included in the price, but bring your own drinks and pen.

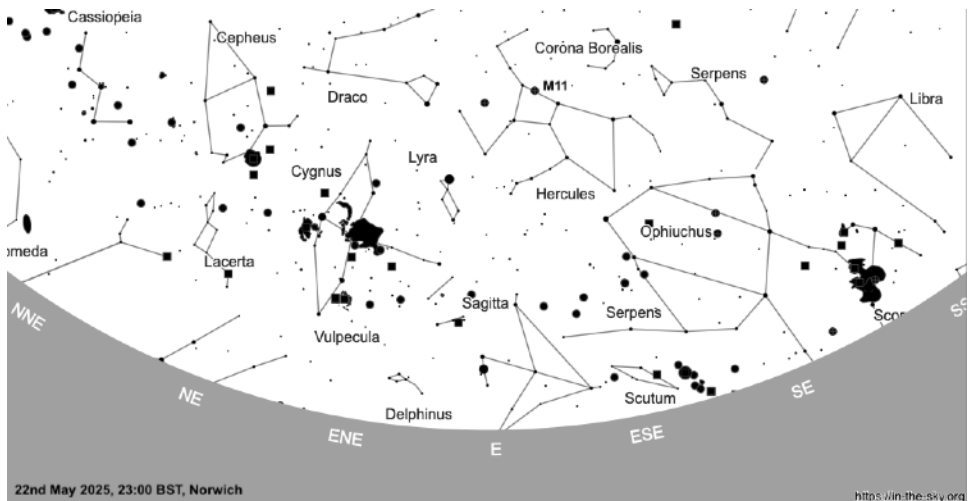
Please let us know if you have dietary requirements

To reserve a table, please contact 01692 598882, or email: quiz@hicklingbarn.com

Must be booked in advance and pay on the door

For more information please visit the Barn's website:
www.hicklingbarn.com

The Night Sky in May



Tempus fugit! We are quickly approaching the time of year again, when astronomical observations become ever harder. So how about a quick look at another Messier object before it's too late: M11 or the "Great Globular Cluster in Hercules"! M11 contains 1 million stars and is 25,000 light years away from us. It's best to choose a dark night towards the end of the month. At around 11pm the eastern sky looks like the chart above. You can see the band of the Milky Way going across, right through the middle of Cygnus, the Swan. To the right and slightly higher you will see Vega, the brightest star in the Lyre. Further up and to the right is Hercules with M11. With the naked eye you might see a small smudge, once your eyes are adapted to the dark. With a pair of binoculars M11 looks like a bright, compact comet. To see single stars in M11, you will need a telescope, but it is worth it. Time to get the toys out!

First Quarter: 4th, Full Moon: 12th, Third Quarter: 20th, New Moon: 27th

It's the Honey Cart Man...

DORRINGTONS

Cess-pool & Septic tank Emptying Service



Tel 01692 584233
Mob 07775 995407

Window Cleaner



- ★ Windows ★
- ★ Gutters ★
- ★ Facias ★

Rob Baker

07729 833666

Ingham Village Needs Your Help

Village Hall - We always need help with our fundraising and entertainment events at the Village Hall. If you feel you can contribute in any way, we would love to hear from you. There are also vacancies on our committee so if you'd like to become further involved with the running of the Village Hall you would be most welcome onboard. Email hall@inghamvillage.co.uk to find out more.

Village Website - The Village Website is currently being re-developed. If you would like to suggest or provide any new and exciting content or ideas for things to include, please email darren@inghamvillage.co.uk.

We Need Your Help



Causeway Farm Butchers



Home produced and locally sourced meats.

Home made traditional pies

01692 580886



Find us on Facebook

Open Tuesday - Saturday 9am-12.30pm and 1pm-4pm

Sea Palling Road, Ingham, NR12 0TP