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# INGHAM PARISH MAGAZINE

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There will be a  
**Beetle Drive**  
Saturday 7<sup>th</sup> October  
at the Village Hall

What is a Beetle Drive?  
Find out more about it inside the magazine.

## October 2023

## Editorial

Dear Reader

Be wary the scammer! Soon many of us will be making gift purchases on the run-up to Christmas as we think about our families and friends, but regrettably a minority will be looking to take advantage when you might be more vulnerable. They will try to impersonate a company you deal with or a work colleague, friend or family member. Often the scammer will initiate a phone call or email correspondence with you. They rely on getting lucky and contacting you when your guard might be down. They might try to convince you money is being taken and then offer to help stop it or make time-limited offers that ask you to act quickly. Sometimes they dangle the carrot of a surprise win, then ask for your bank details. Don't hand over money or sign anything until you've checked someone's credentials and their company's. Never send money to anyone you don't know or trust or use methods of payment you're not comfortable with. Ask for the name of the person who is contacting you and who they represent. Check the information by calling the company's head office or from a real letter that's come through the post. Don't use the phone they called you on in case they've kept the line open, or wait 20 minutes first. If an offer seems too good to be true, it probably is! If in doubt, ask somebody else that you trust before acting.

On a more positive note, you'll get an extra hour in bed on Sunday 29<sup>th</sup> October when the clocks go back 😊

*Darren, Lesley, Angela and Andreas*

The magazine is available for download from the Ingham Village website: [www.inghamvillage.co.uk](http://www.inghamvillage.co.uk).

If you wish to send an article to the magazine for publication, the cut off date is 20<sup>th</sup> of the month. Please send it to: [magazine@inghamvillage.co.uk](mailto:magazine@inghamvillage.co.uk)

## **INGHAM VILLAGE HALL - Registered Charity No 303988**

Our Jumble Sale on 9th September (the hottest day of the year) raised £300 for Hall funds. We would like to thank all who supported the event by donating items to sell and by attending. A special thank you to our loyal band of helpers. We could not manage without them.

Our next event is a new venture for us! There will be a **Beetle Drive on Saturday 7th October** starting promptly at 7.30pm. Tickets are £5 each and available from Faith (583338). Light refreshments to include tea and coffee will be served, but you may bring your own preferred liquid refreshment.

Dates for your diaries: **Christmas Bazaar**, Saturday 18th November.

**Astronomy Evening**, Saturday 2nd December (full details next month).

Your dog and the Recreation Ground Sadly there has been a marked increase in dog fouling on the ground in the last 2 months, with one poor man having to clear up 10 heaps before letting his children play. This has got to stop. We could ban all dog walking but that would not be fair to all the responsible dog walkers. The answer is in your hands! All responsible dog walkers are welcome on the Recreation Ground, not just Ingham residents, but from surrounding villages. Please help us to keep this facility a pleasure for everyone.

### **Regular hirers for October** (Contact numbers in brackets)

**Agni Yoga** - every Tuesday, Chair yoga at 6.00pm, Yoga at 6.45pm (Pre-booking, Pam 07971 398284)

**Bridge Club** - every Wednesday from 1pm to 5pm (Paul Fuller 581472)

**Cliff Knight Art Class** - every Wednesday 10am to 12 noon (Pre-booking, 01692 580212)

**Ingham Art Club** - Tuesday 3rd and 17th from 2pm to 4pm (Anne 580814)

**Ingham Craft Club** - Tuesday 10th and 24th from 2pm to 4pm (Faith 583338)

**Zumba with Tina** - every Monday Zumba Gold at 6.30pm, Zumba Toning at 7.30pm (Tina 07341 360389)

**Broadland Group Norfolk Wildlife Trust** - Friday 13th at 7.30pm - Topic: All about Swifts, an illustrated talk by Caroline Spinks. (David Mole 650826)

**All Hall Booking** enquiries to Darren Rogers 01692 580202

Or book online: [www.inghamvillage.co.uk](http://www.inghamvillage.co.uk)

## Farming Diary

Well... to paraphrase old Arkwright from Open All Hours:

‘It’s been a funny old year’

We started drilling spring wheat in early February, a job that’s usually done, five weeks later in March, simply because the conditions were dry and relatively warm. At the time I questioned my sanity, but it turned out to be the right thing to do as it produced a reasonably good yield.

The weather then had a lurch to the unsettled, and we didn’t drill beet or plant potatoes, until late April, as the land was just too wet. I remember the pressure was on to get going, and I saw a near neighbour and great friend, standing in his field, debating whether to start drilling beet or not, we stopped for a chat and both felt much better afterwards.

Farming can be a very solitary job and a laugh and a joke helps immensely.

Anyway, everything got planted in the end!

Harvest came and went in between the showers, but modern combines have a huge capacity to cover the ground quickly, invaluable this year.

The swifts, house martins and swallows were a little down in numbers this year. I think the persistent E-NE winds were chilly, and they stayed further south, this year. I hope they managed to rear some young to come and see us next year.

Most of our domestic birds have been moulting in preparation for the cooler months to come and tend to keep a low profile whilst this happens, hence not much in the way of birdsong. But the little robins in my yard have started their lovely singing, which always brightens up the day. It will soon be time to feed the garden birds again, particularly in the coldest times when it keeps them alive.

*Alistair Wright*

### **Mobile Library Van**

On Wednesday 18<sup>th</sup> October 4.30pm

On the Village Hall car park

## Nature Notes from Well Cottage

Since the last notes in the May magazine, we have experienced again very changeable weather. The temperatures above and below average, rainfall low in June but high in July and August. This has of course affected our 'wildlife'. There has been a marked absence of butterflies even though the buddleia bushes flowered really well, even the cabbage whites are down in numbers!

Bumblebees and wasps and birds such as sparrows, blackbirds, and robins usually always feeding and either drinking or bathing in the bird baths are not often seen in the garden - usually several pigeons though!! Could these extremes be caused by climate change?

It appears to be a bumper year for blackberries in the hedgerows and although we grow cultivated ones in the garden, there is nothing to compare with the flavour of wild blackberries.

The wrens mentioned in our last report successfully reared their young, but we did not see how many, as they left the nest early morning on Bank Holiday Monday (29th May) before we were up.



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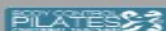
## PILATES CLASSES



**Hickling Barn**

**Tue, 8am beginners /improvers  
9am intermediate**

Contact Julian on 07886 553 027  
[julian@corepilatesnorfolk.co.uk](mailto:julian@corepilatesnorfolk.co.uk)  
[corepilatesnorfolk.co.uk](http://corepilatesnorfolk.co.uk)



## News from Holy Trinity Church

Dear Friends

Autumn is my favourite time of year, I don't mind the evenings drawing in, it brings forward the time of day when I can pull the curtains across, pop my slippers on, and cosy up with a nice cup of tea (other hot beverages are available). It's a time when we give thanks for the wonders of the natural world, and the bounty of the harvest. We remember the labour of those who have planted, tended, and harvested our food; as well as those who have transported it, processed it, sold it, and prepared it for our meals; and let's not forget the workers who make that system work, providing energy, transport infrastructure, farming tools and supplies. The question 'who made my dinner' has quite a convoluted and complicated answer if we really stop to think about it!

Harvest gives us a chance to stop and be thankful for our food and those who helped feed us, as well as thanking God - when I was at primary school we always used to say grace 'For what we are about to receive, may the Lord make us truly grateful'. Short and sweet but no less true for that.

October is a beginning of the part of the year which is more reflective and thoughtful, from harvest we will move into All Saints and All Souls, when we remember our loved ones who have died; then it's Remembrance when we remember those who have fought for what is right, and pray for peace; and then, well, I won't mention the 'C word' as it's still only October - but it'll be here before we know it! Lets make the most of autumn while it's here, enjoying the mists and mellow fruitfulness, and taking a moment to be grateful.

Helen Lynch

*Rector of the Benefices of Smallburgh & Stalham*

*Phone/WhatsApp 07902 447821*

*My rest day is Friday*

## Services at Holy Trinity Church

Sunday	1st Oct	9.15 am	Harvest Festival
Sunday	8th Oct	10.30 am	Holy Communion - joint service at Sutton church (no service at Holy Trinity)
Sunday	15th Oct	9.15 am	Morning Prayer
Sunday	22nd Oct	9.15 am	Holy Communion
Sunday	29th Oct	9.15 am	Morning Prayer

## Harvest Festival

will be celebrated at Holy Trinity on Sunday 1st October

As usual offerings of goods for the Food bank and Community Fridge will be welcomed.

They are currently particularly in need of the following:

Reusable Shopping Bags

Tinned Meat

Tinned Fruit

Tinned Tomatoes

Squash/Fruit Juice

Pasta Sauce

Jam

Long Life Milk

Cereal

Toiletries

Cleaning Items

**Donations can be left at the back of the church.**



## Norfolk Swift Response & Night Owls

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## Sea Palling Independent Lifeboat

The crew have been training regularly as we continue to have sunny weather. They have been practicing search patterns outside the reefs on Cannon Portal as well as launch and recovery with the smaller boat. As the darker nights draw near, water-based training will mainly be on Sunday mornings with more class-based training taking place on a Thursday evening.



Exciting news: we've been contacted by Santa's Elves who have advised that Santa is planning to visit Sea Palling again this year. Watch this space for further details on dates and where he will be, as well as our social media pages.

Have you ever thought about volunteering in your local community? Do you enjoy being part of a team and helping others? Then we would really like to talk to you. We are looking to recruit volunteer members for various roles, including boat and shore crew, fundraising, and maintenance. No experience necessary. For further information please contact us via Facebook, email [info@seapallinglifeboat.co.uk](mailto:info@seapallinglifeboat.co.uk) or pop in and see us for a chat. There is a role for everyone.

If you see anyone in difficulty in the water, dial 999 and ask for the coastguard. Please do not put yourself at risk.



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## Hickling Rural Cinema – October 20 at 7:30pm

### “The Unlikely Pilgrimage of Harold Fry”

(12A) Drama, Feel Good

When Harold Fry nips out one morning to post a letter, leaving his wife hooovering upstairs, he has no idea that he is about to walk from one end of the country to the other. He has no hiking boots or map, let alone a compass, waterproof, or mobile phone. All he knows is that he must keep walking - to save someone else's life. He dispenses with his debit cards, washes himself in streams and crashes on bales of hay.

Tickets £5, Refreshments and Drink available



## Hickling Barn Race Night – October 28

Doors open at 6:30, 1<sup>st</sup> Race at 7pm

Various races including novelty on big screen

- \* Quizzes and more
- \* Hot two-course supper
- \* Bring your own drinks
- \* Bet well and win back your entrance fee
- \* Fun evening for all
- \* Sold out last 4 times when we ran races

To get your tickets (£12) Phone 01692 598882 or email [brian@briarleylodge.co.uk](mailto:brian@briarleylodge.co.uk).

Last day to get tickets is October 23, so that we know how many suppers to cater for.



*It's the Honey Cart Man...*

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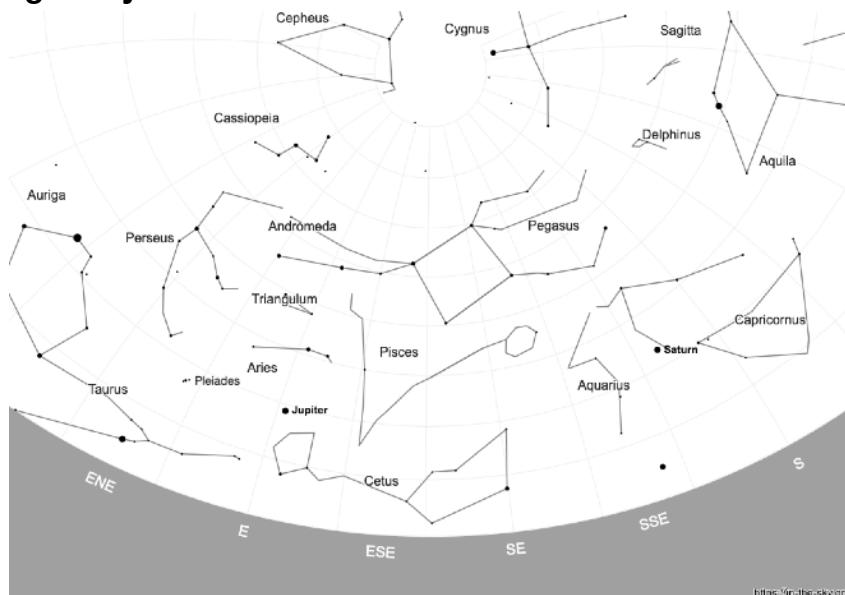


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# The Night Sky in October



The nights are definitely getting darker now as autumn has arrived. The evening sky is getting more interesting with each passing week. The south is dominated by the two gas giants Jupiter and Saturn, rising ever higher from night to night. Around midnight you can already see Gemini and Orion rising in the east, heralding even longer winter nights. My favourite binocular object, the Pleiades (aka The Seven Sisters), rises again around 9pm with the constellation of Taurus. Nevertheless the Summer Triangle is still with us high in the sky with the tail of the Swan (Cygnus) close to the zenith. On a dark and clear night you can see the Milky Way stretch across the sky from Perseus, through the “W” of Cassiopeia, Cygnus, over to Aquila. Soon I will need to start preparing for my second Astronomy Evening at the Village Hall, scheduled for the 2nd of December.

Third Quarter: 6<sup>th</sup>, New Moon: 14<sup>th</sup>, First Quarter: 22<sup>nd</sup>, Full Moon: 28<sup>th</sup>

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