

# INGHAM PARISH MAGAZINE



Photo: Broadland Computers

## **The Annual Holy Trinity Church Fete & Fun Dog Show**

**Saturday 20<sup>th</sup> August from 1pm**  
At Ingham Village Hall

# August 2022

## Editorial

Dear Reader,

So much harvesting going on at the moment. I was awakened at about 2am by several giant machines marching relentlessly across the field coming towards my bedroom window. They were harvesting the peas! You can tell what a towny person I am, I sat there and watched for 2 hours while they made their way around the field. They finish as the sun was creeping up from behind the church.

We have some lovely events coming up this month. The star event being the return of the wonderful Church Fete and Dog Show on Saturday 20th August. As the advert states, there will be lots of things going on. I'm really looking forward to it. Are you? We hope to see you there.

*Angela, Andreas, Darren, and Lesley*

The magazine is available for download from the Ingham Village website: [www.inghamvillage.co.uk](http://www.inghamvillage.co.uk).

If you have any questions, comments, or ideas for improvement, please send them to us. You can email us too: [magazine@inghamvillage.co.uk](mailto:magazine@inghamvillage.co.uk)

### **Urgently needed**

1-2 bed property to rent by local woman  
(4 generations born/lived in the village)

Reliable working tenant with letting agent references,  
my landlord is selling after 11 years of renting my home.

Anything considered - Tel: 01692 580215 or 0753 044 1520.

## **The Annual Holy Trinity Church Fete & Fun Dog Show is back!**

After an absence of three years, we are pleased to announce that the Annual Holy Trinity Church Fete and Fun Dog Show is back. This year's Fete will be held at the Village Hall on Saturday, 20<sup>th</sup> August 2022 from 1pm onwards. As before this is a fete for the community of Ingham and visitors alike to enjoy.

There will be some old favourites at the fete like a fun dog show, grand draw, book stall, bric-a-brac, children's entertainment courtesy of Razz the clown and Auntie Pearl, some live music, bowl for a pig and bottle tombola. Also, you can't have a fete without refreshments – lots of tea, coffee and cakes etc courtesy of the Village Hall.

We are looking forward to welcoming craft stalls, games and The Friends of Horsey Seals. We hope to have about 20-25 stalls or stands in all.

### **Your Fete Needs You!**

After such an absence this is quite an endeavour. A lot of people have offered their help but we could still do with some more. We need:

- **Gazebos** (garden ones rather than marquees) to give stallholders some shade because we all know that it's always sunny on Fete day!
- **Help to put up the larger tents**, set up tables and chairs and bunting on the Saturday morning (and help taking them down again afterwards)
- **Home made cakes** and other goodies for the Village Hall refreshments
- **Books**
- **Plants and produce** for the plant stall
- **More stewards** for the parking
- Possibly some **more people** to man stalls

If you think that you can help, even in a small way, we'd love to hear from you. We have a Fete Committee and you can contact any of us as follows:

Bunty McClean 583481

Mark Newstead 582053

Jan or Chris Peck 581563

**This is a day to meet up with friends and neighbours  
and have some fun!**

**Come and join us!**

## INGHAM VILLAGE HALL - Registered Charity No 303988

Although the committee has no events this month, the Village Hall Ladies and their helpers will be looking after refreshments at the **Charity Dog Show on Sunday August 14<sup>th</sup> (10 to 4)** and at **Ingham Church Fete and Dog Show on Saturday 20<sup>th</sup> August (1 to 4)**. We would be grateful for donations of cakes, scones, savouries etc for both events and if you could perhaps spare some time to help prepare and serve, please ring Anne (580814).

By the time this magazine is published and delivered, the Defibrillator will be in place at the Village Hall. Although we bought the machine in January, we had to wait for delivery of the cabinet to put it in. These had to be imported which explains the delay.

From time to time something will happen that makes our work as Committee Members and Trustees of the Hall and Recreation Ground very worthwhile. Earlier this year an Ingham resident donated a very generous sum to our Defibrillator cost and recently another resident has donated to our future fund raising events. These are much appreciated by the committee and we do publicly thank the donors.

**Two dates for your diaries:** Saturday 10<sup>th</sup> September - Jumble Sale.  
Saturday 1<sup>st</sup> October - Harvest Supper. Full details next month.

### Village Hall Regular Hirers for August

**Agni Yoga** - every Tuesday, Chair yoga at 6.00pm, Yoga at 6.45pm (Pre-booking, Pam 07971 398284)

**Bridge Club** - every Wednesday 1 to 5pm (Paul Fuller 581472)

**Harriet Dance Class** - Restarts in September (Harriet 07591 012832)

**Ingham Art Club** - Tuesday 5<sup>th</sup> and 19<sup>th</sup> from 2pm to 4pm (Anne 580814)

**Ingham Craft Club** - No meeting this month (Faith 583338)

**Zumba Gold** - every Monday 6.30 to 7.30pm (Anita 07539 338752)

**All Hall Booking** enquiries to Darren Rogers 01692 580202

Or book online: [www.inghamvillage.co.uk](http://www.inghamvillage.co.uk)

## Recipe of the month    **Mediterranean dish** *by Alistair Wright*

### Ingredients

Peel and chop the onions, peel and chop the garlic, fairly finely.

1 courgette	A handful of baby plum tomatoes
1 med aubergine	2 or 3 garlic cloves
2 onions	1 sweet pepper
1 jar artichoke antipasti	1 pack of mozzarella cheese
1 jar sun-dried tomatoes	4 portions of tagliatelle
A pinch of mixed dried herbs	1 handful of fusilli

Cut the aubergine in half, cut off the ends then cut it into chunks, approximately 1 cm square.

Add all of these to the wok or pan, with a little cooking oil, keep stirring!

Take the pepper, cut it down the middle, extract the seeds inside and wash out any left. Cut the pepper into chunks and add into the pan, at the same time add a handful of fusilli pasta.

Keep cooking these ingredients for a few more minutes until they start to soften.

Add the jar of sun-dried tomatoes and artichoke antipasti, stir them in, add the baby tomatoes and mixed dried herbs.

Cook for a few more minutes and then take the pan off the heat, drain the mozzarella, if needed, and slice into circles, place on the top of the food, in a circle, if you wish, let the heat of the cooked dish melt the cheese slightly.

Add the tagliatelle into a saucepan of boiling water add a pinch of salt if needed.

Drain the pasta once cooked, approximately 5-6 minutes, drizzle a little olive oil on the drained pasta, serve onto a large plate and add the Mediterranean dish on top of the pasta.

Sit back and enjoy your cooking!

Total preparation, cooking time 1 hour, 10 minutes



### **Mobile Library Van**

On Wednesday 24th August at 4.25pm

On the Village Hall car park

## **News from Holy Trinity Church**

August brings us fairly and squarely into the middle of the Summer holiday season. The natural beauty of this part of Norfolk will see the arrival of many holidaymakers enjoying the miles of wonderful beaches or simply messing about on the waterways of the Broads. There will be much excitement as young families and those of us who are a bit older plan our own seasonal breaks, enjoying the warmth of summer evenings and perhaps just taking a little time for peaceful relaxation.

Some of us may be considering a journey further afield and watching the news of travel chaos at airports and on our railways with some trepidation. Our holidays are a time for well-earned rest and we certainly do not look forward to anything that may complicate this.

The Bible gives us many accounts of Jesus seeking peace and time to rest in the company of God his Father. He sought time away from the crowds who followed him to hear his teaching. We hear of him getting into a boat and taking time to just “be” away from all those who wished to hear him, to be healed or who just wanted to be in his presence.

We may think this strange. However, it speaks very clearly to the need of all humans to have time for themselves, to rest from daily tasks and to find refreshment. For Jesus this time was also spiritually important. He knew that he had to follow the desire of God and it was in those times of solitude and prayer that he found his strength and direction.

We all need to seek out a time to just be ourselves, to step away from the stresses of daily life and find our refreshment. A time of holiday is perfect for that.

There is also another way to find ourselves at peace. That is through prayer. By taking a little time each day, it may be only a few minutes, to rest our burdens upon God we too may find spiritual refreshment. We do not have to use fancy words or express ourselves through set prayers. We just need to give ourselves a little space to “be”. Setting aside the bustle of the day can provide immeasurable personal refreshment and spending this time in the presence of God can bring a deepening relationship with him.

I pray this Summer we can all find personal refreshment both physically and spiritually. We can be assured that with the help of God we can!

*Rev Andrew Bevan*

## Service at Holy Trinity Church

Sunday	7th August	Holy Communion	9.15am
Sunday	14th August	Morning Prayer	9.15 am
Wednesday	17th August	Installation of Rev'd Helen Lynch to the Benefices of Stalham and Smallborough. 7.30 pm at St Mary's Stalham. By invitation only.	
Sunday	21st August	No service at Ingham. Holy Communion at Honing Church. 11 am.	
Sunday	28th August	Morning Prayer	9.15am

## Rev'd Helen Lynch

The arrival of Rev'd Helen Lynch will see a new era for the Parish churches of the Stalham and Smallborough Benefices as the first woman Rector.

Her installation as Rector will be on 17th August at St Mary's Stalham and because of the number of churches in the Benefices will be by invitation only as so many are anxious to meet her and welcome her into our communities. We have tried to pick a few representatives from Ingham's varied life, we hope business and farming, village hall and parish council will be represented as well as our regular worshippers.

The churchwardens, charged with keeping the Benefice churches running as smoothly as possible during the vacancy will be particularly pleased to see her installed.

Helen is taking on a huge Challenge. Long gone are the days of a Vicar with one parish. Now Vicars have a complex management job caring for the spiritual well being in our villages. She will not only take services weekly but will arrange for Christenings Weddings and Funerals, visit community schools and care homes in all her Parishes as well as guiding the Churchwardens and Parochial Church Councils in managing the minutiae of parish life.

We greet Rev'd Helen Lynch with love and gratitude for taking on this challenge.

## **History and Legends of the Broad District with a glance at its folk lore, ghosts, and churches.**

By Ernest Richard Suffling, (written in 1891)

### **The Weeping Lady**

Ernest Suffling discusses several Norfolk villages where a tall lady goes to pits and peering into them, wringing her hands and weeping copiously. Then not discovering the object of her search, which nobody can define, gives a long shriek and glides to the next pit.

“At Ingham is another transparent lady, but whether she of the shrieking or common kind I cannot say. She is to be seen, by those whose vision is acute enough, in the large gravel pit near the church.”

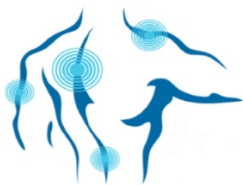
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### **Jo Bushnell**

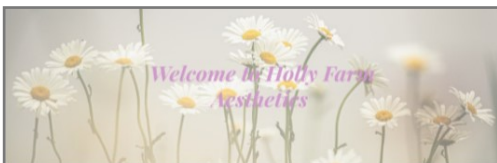
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## Sea Palling Independent Lifeboat

Summer is definitely here and things are getting busy at Sea Palling Lifeboat. In recent weeks we've had shouts including missing persons, broken down jet-skis, wind-surfer in difficulties and people caught in those notorious rip currents.

Last month saw the Queen's Platinum Jubilee and as part of the celebrations the Queen has awarded long service medals for volunteers in front line services. We would like to congratulate the six members of our crew who received these medals.

### **Lifeboat Day is on 21<sup>st</sup> August 11 am until 4 pm**

There will be live entertainment, a barbecue, a vegetarian food stall, children's games, adult's and children's tombola and much much more.

There will also be lifeboat displays featuring our new boat "Cannon Portal", our old boat "Lion Heart" and our ILB "Lion Ros Clipston". We are also hoping to have some of our neighbouring stations come along with their vessels.

### **Come along and help us celebrate our 50<sup>th</sup> Anniversary year**

*For details of our supporters' merchandise, memorial plaques, business advertising space or how to make a donation please see our website, FaceBook page or e-mail [hannah@seapallinglifeboat.co.uk](mailto:hannah@seapallinglifeboat.co.uk) or [dave@seapallinglifeboat.co.uk](mailto:dave@seapallinglifeboat.co.uk)*

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## Events at Hickling Barn

### Rural Cinema – Friday 19 August

#### **Downton Abbey: A New Era (12A)**

It is 1928 and the Crawley family is enjoying the last years of the Roaring Twenties in a variety of plush homes before the Great Depression arrives. In 'A New Era', the family finds out they've inherited yet another gorgeous property - a villa in the south of France. Doors open at 7pm for 7.30 start. Tickets £5 at the door, refreshments available.

### **Oktoberfest- Saturday 3 September**

Join us on Saturday, September 3rd at 7.30 for Hickling's version of the traditional German celebration. Tickets are £12.50 per person which includes a Bavarian-style supper. There will be an oompah band and selection of beers available to buy, or you can bring your own bottles. Feel free to dress in Bavarian costume if you wish!

To get your tickets email: [ticketsales@hicklingbarn.com](mailto:ticketsales@hicklingbarn.com) or call: 01692 598324 or 07899847444.

For more information please visit the Barn's website <https://www.hicklingbarn.com/>

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