

---

# INGHAM PARISH MAGAZINE

---



## **Holy Trinity Ingham**

A Buildings Consultation has been set up to look at every church in the Norfolk Diocese with a view to decide its future. Ours will be looked at in terms of the cost of keeping it open.

More information inside the magazine.

**March 2022**

## Editorial

Dear Reader,

Last month I wrote about the possibility of celebrating the Queen's Platinum Jubilee in our village. I have since spoken to a number of people and have had several emails from others expressing how interested they are in doing something. There have been lots and lots of ideas too. So a meeting to discuss what we want to do will be held at the Village Hall on **Monday 7th March at 7.30pm**. We will be there from 7pm to set up chairs ready for a prompt start. There will be a list of all the ideas and suggestions so far for you to read through. I am already excited! I look forward to seeing you there.

Please read Bunty's contribution to this magazine about the future of our church. The commission has set the consultation to run for a year, but we can't be complacent. We need to write in now, and again and again. We don't want to run the risk of losing access to our beautiful church.

I do hope the recent storms haven't caused you a lot of damage. There is the old saying of March winds and April showers bring forth May flowers. Well I think we've had enough already! How have you fared through it all?

*Angela, Andreas, Darren, and Lesley*

The magazine is available for download from the Ingham Village website: [www.inghamvillage.co.uk](http://www.inghamvillage.co.uk).

If you have any questions, comments, or ideas for improvement, please send them to us. You can email us too: [magazine@inghamvillage.co.uk](mailto:magazine@inghamvillage.co.uk)

### Mobile Library Van

On Wednesday 9th March at 4.35pm  
On the Village Hall car park



## **INGHAM VILLAGE HALL - Registered Charity No 303988**

The Jumble Sale on 12th February raised the great sum of £444.00 for Hall funds. The Committee would like to thank all who contributed to the event, donating items to sell (especially to the Cake Stall!!) and by attending and spending their money! A very special thank you to our helpers, with only 5 committee members available, we could not have managed without them. Helping to set up in the morning, manning stalls in the afternoon, and staying to help clear up afterwards.

The **Village Hall Annual General Meeting** is on **Monday 14th March at 7.30pm**. This is your chance to come along and tell us how you think we are doing running the Hall, give your suggestions for any events you would like to see taking place, and of course, we would warmly welcome new members. The committee is running at 'half strength' at the moment. In the past, some Village Halls have had to close for lack of enough committee members!

There will be **Quiz'n'Chips** on **Saturday 26th March** starting promptly at 7.30pm. Tickets are £9.50 each from teams of up to four and on sale from Faith (583338) and John (581734) until Wednesday 23rd March. Tea and coffee will be available but you may bring your own preferred liquid refreshment. Numbers are limited, so book early to avoid disappointment.

### **Village Hall Regular Hirers for March**

**Agni Yoga** - every Tuesday, Chair yoga at 6.00pm, Yoga at 6.45pm (Pre-booking, Pam 07971 398284)

**Bridge Club** - every Wednesday at 1 to 5pm (Paul Fuller 581472)

**Cliff Knight Art Class** - every Wednesday 9.30am to 12.30pm (Pre-booking, 01692 580212)

**Harriet Dance Class** - every Friday 4pm to 7pm (Harriet 07591 012832)

**Ingham Art Club** - Tuesday 1st and 15th from 2pm to 4pm (Anne 580814)

**Ingham Craft Club** - Tuesday 8th and 22nd from 2pm to 4pm (Faith 583338)

**John Etheridge Art Class** - every Monday 1pm to 5pm (Pre-booking recommended, 01692 583446)

**All Hall Booking** enquiries to Darren Rogers 01692 580202

email: [darren@inghamvillage.co.uk](mailto:darren@inghamvillage.co.uk) or book online

## **Church Buildings Consultation**

The Diocese has been struggling during the pandemic to keep rural churches going. Reduced churchgoing and reduced giving and few opportunities for fundraising have led to a reduction in available essential funds.

Historically the church in each parish has always been expected to pay for repairs, running costs, upkeep of services including contributing towards salaries for clergy, upkeep of churchyards and so it goes on.

We are existing at present in Interregnum (no parish Incumbent) following the retirement for health reasons of our Rector Simon Lawrence.

The Bishop now writes to say sadly old church buildings are for the Diocese both a blessing and an increasing burden.

A church buildings commission has been set up to look at every church in the Norfolk Diocese. Then they hope to offer a range of options for the future (not specified as yet).

The commission will be gathering information and comments throughout the year. There will be opportunities for clergy, lay people and many others to contribute to their discussions in a variety of ways.

The first way to comment is via a dedicated address that is available to the general public.

**[churchbuildingscommission@dioceseofnorwich.org](mailto:churchbuildingscommission@dioceseofnorwich.org)**

or write to

**Church Buildings Commission**

**Diocesan House**

**109 Dereham Rd**

**Easton**

**Norwich NR9 5ES**

If you care about the church with its amazing history, continuing here as a place for spiritual refreshment, not just in services but open and available to all daily, to see its wealth of history, then please make a comment.

Our church is a place to give thanks and praise and somewhere that even if you don't see is relevant to you, ought to be kept going.

Our rural villages have lost much. Gone is the local shop, the pub that everyone frequented. Our school, and much of the sense of community.

Our village has the smallest population of all the local villages. Most of the village write 'Christian' on forms and for the census.

Church attendance is not an essential part of life for all but a few. Please help us to keep the church and this amazing historical building that houses it, alive and working in our community.

People have worshipped in this church since the Thirteenth Century. It would be very sad to see your church, Holy Trinity Ingham, go as part of a cost cutting exercise.

Please make comment. Please show you care.

*Bunty McClean*

Churchwarden, Holy Trinity Church, Ingham.

### **Breaking News**

The **Church Fete** will be back this year after two years absence. This will be held on **Saturday, 20<sup>th</sup> August** and will be a fun day for everyone. If anyone wants to be involved, to help, or has ideas about what we could have as part of the fete, there will be opportunities to do so.

Finally, some of you may know that Bunty McClean has been unwell and was admitted to hospital. She would like to thank all her friends and neighbours in the village who have helped her with special thanks to the first responder, ambulance crew and fire brigade who attended and managed to safely 'rescue' her from upstairs in her cottage. Apparently there were 12 people there, all at the same time, quite a sight to see!

## Reflecting on the blessing of Lent

This year the beginning of March also marks the beginning of Lent, the time in the life of the Church when Christians prepare themselves for Easter. Lent begins with Ash Wednesday when palm crosses from the previous year's Palm Sunday service are burnt. During an Ash Wednesday service, the priest will mark the forehead of those present with a cross from the burnt palm cross ashes. This represents repentance and devotion to God.

Lent becomes a time of reflection as Christians prepare to commemorate the death of Jesus on Good Friday and to celebrate his glorious resurrection on Easter Day.

In the hustle and bustle of daily life, it can be easy for us all lose sight of what is important to us. Rushing to work, raising children, supporting loved ones can all take our time and leave us feeling exhausted. It is, therefore, good to find time to rediscover ourselves and what brings us joy and happiness.

March is a time of year when we can start to become excited about the rebirth of our natural world. The budding of trees, the first blossom of the new year and the expectation of longer days and summer nights.

Spring is a time when we can look to reinvigorate ourselves with the expectation of what is to come. To feel delight as the cold, and mainly damp days of winter fall behind us. It is a time when we can all consider what brings us happiness and rejoice in the refreshed emergence of the natural world.

Personally, my faith is enriched in seeing the beauty of God's creation and living in rural Norfolk we are constantly blessed to be surrounded by this reminder. By walking, boating, cycling or driving around the countryside, our minds can turn to the wonder of creation and the emerging new life.

So it is with Lent and the preparation for Easter. It is a time to reflect on the frustrations of daily life, to reconnect with what is important to us and to view the Good News which is present in the life of the resurrected Jesus Christ.

Just like our beautiful countryside, this delight is not restricted to a privileged few. The message of Lent and the resurrection of Jesus is for everyone.

Should you wish to know more about a life lived in fellowship with Jesus, there are many churches in our villages and communities where you can be assured of a warm welcome, support and gentle encouragement.

***Rev Andrew Bevan*** – Curate Stalham and Smallburgh Churches.

## News from Holy Trinity Church

The weather has certainly been windy recently, blowing the last of the post New Year cobwebs away. Now that heads are clearer, we realise that it is almost two years since we entered our first Covid lockdown. The world has changed for everyone. Many have lost loved ones, both friends and family, or perhaps their jobs. Ways of working have changed, isolation has become an even bigger problem than before and mental health issues have become more prevalent. Yet there are things to celebrate as well. Spring is well on its way and crocuses, snowdrops and daffodils are putting in their usual appearance. The days are longer and, for many, life is resuming some kind of normality. For those who need perhaps some quiet time to reflect or just time to think, remember that Holy Trinity is open every day for everybody.

At Holy Trinity, we are fast approaching Easter, which falls in the middle of April this year. We are hoping to have an Easter Egg hunt for children of all ages on the Easter weekend and details will follow in the April magazine. In the meantime, the search for a new Vicar for the Stalham Benefice, which includes Holy Trinity, and the Smallburgh Benefice continues. The Parish Profile, which gives information on all the churches and the kind of person that the Benefices are looking for, has been finalised and the aim is to advertise the position in the next few days, with a closing date of 9 March 2022 and interviews on 29 March 2022. We pray that the right person will come our way.

### Services for March

Sunday, 6 March 2022	Holy Communion	9.15am
Sunday, 13 March 2022	Morning Prayer	9.15am
Sunday, 20 March 2022	Holy Communion	9.15am
Sunday, 27 March 2022	Morning Prayer	9.15am

## Broadland Cattery

Purpose built cattery for all of your cats needs - lots of cuddles guaranteed!

- \* Quiet Location
- \* Heated Cabins
- \* Large Runs
- \* Short or Long Stay



Stalham (01692) 580202

[www.broadlandcattery.co.uk](http://www.broadlandcattery.co.uk)

[enquiries@broadlandcattery.co.uk](mailto:enquiries@broadlandcattery.co.uk)

Greenacres, Brick Kiln Lane, Ingham, NR12 9SY

## Broadland Computers

- ★ New & Used PC Sales ★ Repairs, Upgrades & Servicing ★
- ★ Peripherals & Consumables ★ Website Design & Hosting ★
- ★ Wi-Fi & Broadband Installations ★ Help & Support ★



Phone: Stalham (01692) 581766

Web: [www.broadlandcomputers.co.uk](http://www.broadlandcomputers.co.uk)

Email: [enquiries@broadlandcomputers.co.uk](mailto:enquiries@broadlandcomputers.co.uk)

Broadland Computers, Greenacres, Brick Kiln Lane, Ingham



[James.draper@etfelectrical.co.uk](mailto:James.draper@etfelectrical.co.uk)

[www.etfelectrical.co.uk](http://www.etfelectrical.co.uk)

07817 754568

*Domestic & commercial electrician based in Sea Palling.*

*All electrical work undertaken from a full rewire to adding a socket or switch. We also specialise in solar PV and battery storage. Fully qualified and insured.*



Luxury facials, demaplaning, LED light therapy and microdermabrasion treatments for face and body.

07890 484818

[hollyfarmaesthetics@aol.com](mailto:hollyfarmaesthetics@aol.com)

[www.hollyfarmaesthetics.com](http://www.hollyfarmaesthetics.com)

Ingham, NR12

## S. Allen Tree Services

Ranging from pruning to dismantling, hedge planting, trimming and site clearance.

Firewood sales.

Call Sam on **01692 598657** or **07414 902158**

## Mr. Kerrison Your Village Master

Painter • Decorator • Plasterer

Free Quotes  
20 Miles The Crow Flies

Eccles, Stalham • Walecott  
Bacton • Wroxham Broads  
Beach Sea Side Houses • All Villages



**01692 582739 / 07919534361**

[www.mrkerrison.org.uk](http://www.mrkerrison.org.uk)



## Jo Bushnell

Sports & Deep Tissue Massage Therapist

Do you have aches and pains?

I do deep tissue and sports massage.

I am mobile so can come to you.

Contact Jo on 07921 525832

## Sea Palling Independent Lifeboat

2022 is the 50<sup>th</sup> year since the Sea Palling Independent Lifeboat was formed.

With the service going from strength to strength with new skills and equipment, we are delighted to be able to tell you that thanks to the generosity of the Mark Benevolent Fund from the Freemasons, we are shortly going to be taking possession of a brand-new lifeboat! Our current lifeboat "Lionheart" has done us proud for the last 12 years but lifeboats lead a hard life and the acquisition of a new boat with latest spec radar and navigation systems, will put us in a very strong position to help people in need for many years to come, so a massive "Thank You" from us all to the Freemasons.

Watch this space for further updates on the arrival of our new boat and events to celebrate our 50<sup>th</sup> Anniversary.

*For details of our supporters' merchandise, memorial plaques, business advertising space or how to make a donation please see our website, face book page or*

*e-mail [hannah@seapallinglifeboat.co.uk](mailto:hannah@seapallinglifeboat.co.uk) or [dave@seapallinglifeboat.co.uk](mailto:dave@seapallinglifeboat.co.uk)*

### Norfolk Swift Response & Night Owls

A relative or friend who has had a fall ?

Do you need help to lift or move them?

**Day or night call:**

**0344 800 8020**

### PILATES CLASSES



Hickling Barn

Tue, 8am beginners /improvers  
9am intermediate

Contact Julian on 07886 553 027  
[julian@corepilatesnorfolk.co.uk](mailto:julian@corepilatesnorfolk.co.uk)  
[corepilatesnorfolk.co.uk](http://corepilatesnorfolk.co.uk)



*It's the Honey Cart Man...*

## DORRINGTONS

Cess-pool & Septic tank Emptying Service



Barry Dorrington



Tel 01692 584233

Mob 07775 995407

## be slim for life

with  
Slimming  
World

For More Info  
Call Deena  
07737470895



Stalham Town Hall  
Wednesday

9.30am, 11.30am

5.30pm or 7.30pm



## Hickling Barn

**Croquet Club Charity Quiz Evening:** Saturday, 2nd April. Teams of 6, tickets £10 including a light supper. Bring your own bottle. Tickets available from 598324 or email [ticketsales@hicklingbarn.com](mailto:ticketsales@hicklingbarn.com)

**Platinum Jubilee Weekend:** Looking ahead to the Platinum Jubilee weekend, celebrations at the Barn will include lighting of the Jubilee beacon on Thursday 2nd June and village tea party, with live music, on Sunday 5th June.

**Village Show and Strawberry Fair:** This year the Strawberry Fair and Village Show will be combined into one bumper event on 24<sup>th</sup> July. Save the date in your diary and start planting now!

**Rural Cinema:** The rural cinema will be starting up again soon - watch this space for further details.



*Enjoy our delicious home-cooked lunch menu or pop in for coffee and cake*

**Open Friday, Saturday, Sunday and Monday**

Full details on Facebook or [www.smallstickscafe.co.uk](http://www.smallstickscafe.co.uk)

**Tel: 01692 583368**

**Email: [enquiries@smallstickscafe.co.uk](mailto:enquiries@smallstickscafe.co.uk) Cart Gap Road, Happisburgh, NR12 0QL**

## Causeway Farm Butchers



Home produced and locally sourced meats.

Home made traditional pies

**01692 580886**



**Open Tuesday—Saturday 9am-12.30pm and 1pm-5pm**

Find us on Facebook

**Sea Palling Road, Ingham, NR12 0TP**

## The Night Sky in March

The night sky in March is practically void of planets: they are currently all on the same side of the firmament as the Sun and therefore only above the horizon during daytime. Every little point of light you can see in the night sky this month is a star, and each star is a sun like ours. Some are smaller, some are much bigger, but they are all so far away that they look like pinpoints and their light takes years to reach us.

Now here's a thing that I found absolutely fascinating the first time I heard it: You probably know that light is made up of little particles called photons. Stars the size of our Sun produce  $10^{45}$  photons every second, that is a one followed by 45 zeros, an inconceivably large number. These photons constantly leave the star in all directions at the speed of light, until years later some of them hit your eye the moment you look at the star in the sky. Very very tiny parts of the actual star hit your eye each time you look at it! You have touched real star parts with your body! Isn't that an incredible thought?

Now let me give you a little challenge for this month! Do you remember the constellation of Leo, the lion? If not, have another look at the magazine from May of last year or look it up on the internet. Leo looks to the naked eye a bit like a flat iron and you can find him in the south-eastern sky after nightfall. Its brightest star is called Regulus and it marks the front legs of the lion. It is 79 lightyears away, so its photons take 79 years to reach the Earth. Here's the challenge: go out, find the lion and catch some of Regulus' photons with your own eyes!

New Moon: 2<sup>nd</sup>, First Quarter: 10<sup>th</sup>, Full Moon: 18<sup>th</sup>, Third Quarter: 25<sup>th</sup>

### Window Cleaner



- ★ Windows ★
- ★ Gutters ★
- ★ Facias ★

**Rob Baker**

**07729 833666**

**Sam**   
**the Lady Sweep**  
sweeping with a smile

Chimney Sweep  
Stove servicing  
Tar & creosote removal  
CCTV surveys  
Bird nest removal  
Thatch & historical properties  
Certificate given

Tel: 01692 582779  
07835 476106

Follow us on:   



[www.samtheladysweep.co.uk](http://www.samtheladysweep.co.uk)



# Trett Phillips Residential

**FIND OUT WHAT  
YOUR HOME IS  
WORTH IN UNDER  
60 SECONDS**



Go to [valuation.trettphillipsresidential.co.uk](http://valuation.trettphillipsresidential.co.uk)

**FREE INSTANT ONLINE  
VALUATION**

If you would like a face to face valuation call us on  
Aylsham **01263 801330** 9 Penfold Street, Aylsham, NR11 6ET  
Stalham **01692 431500** 142 High Street, Stalham, NR12 9AZ

## Cooks of Ingham Farmshop



Visit us for Seasonal Home Grown Fruit & Veg.

Honey – Preserves – Chutneys – Cakes – Cookies – Flour  
Cheeses – Ice Creams – Norfolk Apple Juices – Gifts – Books

Plus much more! Locally Sourced Wherever Possible

*Sugar and Gluten free products also available*



**Boundary Farm, Palling Road, Ingham, NR12 0TS  
01692 598202**

Mon to Sat 9am-5pm — Sun 9am-4pm

