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# INGHAM PARISH MAGAZINE

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Harvest 1929, taken in a field in Goose Lane.

Seated is Mrs A Ames with young Robert & John. Robert Ames senior is on top of the load, while standing is Robert William Ames, with farm worker George Wilson on his right. There were a lot of Roberts in the Ames family!

**October 2021**

## Editorial

Dear Reader,

Is it true that the clocks going back at the end of October to give us an extra hour is to allow some extra time for exercise to lose those calories put on at the Harvest Supper held at the village hall recently? No not really, it marks the end of British Summer Time which commenced earlier in the year when the clocks went forward, supposedly to avoid the waste of daylight during summer mornings and primarily for the benefit of farmers. Soon we see the end of summer and return to GMT when the farmers busiest time slows down. Many will use that extra hour to have extra time in bed for a well-earned rest on the last Sunday morning of the month.

The end of October is also Halloween. It is thought that the colours orange and black became representative colours because orange symbolises the warmth of harvest season and black is associated with the dying off of the crops, darker nights and long winter!

*Darren, Lesley, Angela, and Andreas*

The magazine is available for download from the Ingham Village website: [www.inghamvillage.co.uk](http://www.inghamvillage.co.uk).

If you have any questions, comments, or ideas for improvement, please send them to us. You can email us too: [magazine@inghamvillage.co.uk](mailto:magazine@inghamvillage.co.uk)

### **Mobile Library Van**

On Wednesday 20th October at 4.35pm  
On the Village Hall car park

## **INGHAM VILLAGE HALL - Registered Charity No 303988**

The 'Cash for Charities Tokens' funded by the EDP realised £136.54 and we will donate this to our Defibrillator Fund. Thanks once again to all who collected tokens for us.

The Table Top sale on 21st August was not too well supported, but some stall holders did well, others didn't. Committee refreshments were very popular and £213.51 was added to our funds. Thanks to all who contributed.

The Jumble Sale on 11th September was very successful, lots of items for sale and many buyers for them. The amount raised was £455.00 and we must thank those who attended, with a big thank you to all our volunteer helpers. We could not have managed without them.

Plans for events in the next months will be made at our next committee meeting.

### **Village Hall Regular Hirers for October**

***Agni Yoga*** - every Tuesday, Chair yoga at 6.00pm, Yoga at 6.45pm (Pre-booking, Pam 07971 398284)

***Bridge Club*** - every Wednesday (Paul Fuller 581472)

***Cliff Knight Art Class*** - every Wednesday, 9.30am to 12.30pm (Pre-booking, 01692 580212)

***Ingham Art Club*** - Tuesday 5th and 19th from 2pm to 4pm (Anne 580814)

***Ingham Craft Club*** - Tuesday 12th and 26th from 2pm to 4pm (Faith 583338)

***John Etheridge Art Class*** - every Monday, 1pm to 5pm (Pre-booking recommended, 01692 583446)

***Dance Class*** - every Friday, 4pm to 7pm (Harriett, 07591 012832)

**All Hall Booking** enquiries to Darren Rogers 01692 580202

email: [darren@inghamvillage.co.uk](mailto:darren@inghamvillage.co.uk) or book online

## Chair Yoga

Chair yoga is a great way to practice yoga for those who can't get on the floor for a traditional mat based class. It's ideal for older people who might struggle with mobility issues, those with injury, disability, Parkinson's, MS, fibromyalgia, chronic back pain, chronic fatigue syndrome etc. or anyone who needs to relax and move their body from head to toe in a safe and accessible way.

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1. Improved Strength
2. Improved Flexibility
3. Improved balance
4. Reduces stress and improves mental clarity
5. Opportunities to meet people
6. Improved stress and pain

There is a weekly chair yoga class at Ingham Village Hall every Tuesday from 6.00-6.45pm £5.00 a class or 10 classes for £45 if booked and paid in advance.

Please contact Pam Hallesy for more details or to book a class

Email – [pamelahallesy52@gmail.com](mailto:pamelahallesy52@gmail.com)

Text – 07971 398284

Phone after 6pm 01692 218987



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## A bit of Ingham History by Alistair Wright

These two photos were taken in exactly the same place, which is directly opposite my yard entrance, looking north.



In the background, you can see Crossways House, and the hedgerow conceals Brick Kiln Lane. In the late 19th Century the farm belonged to Herbert Wenn and in the early 20th century my great Grandfather acquired it.

The man standing in the centre of the picture is the Great Grandfather of Stan Nichols, who was on the farm with us for all his life, he was well respected throughout Ingham.

On the left hand side of the picture, is the “hold ye” boy, his job was to hold the team of horses when the men needed to stop.



I thought I would include a modern harvesting picture too, no men on the farm now, just me!

Rev Richard Jackson writes:

**'The land has yielded its harvest: God, our God has blessed us.'**

October sees us once again celebrating harvest. Thankfully there are some fashions that never seem to change. Before history began people rejoiced and gave thanks when they gathered in the fruits of the earth. Since before our churches were built generations of villagers have gathered together at this time of year to celebrate the harvest.

They've met to thank God for the harvest of field, of sea, of factory, and of rig. They've met to pray that all the good things God has so generously provided for us will be used wisely. And harvest is also a time when we can give thanks to those who, with God's help, have tended the crops and brought in the harvest.

I don't know whether you've ever imagined what life was like before farming.

In the days before crops could be grown our ancestors were constantly in search of the next meal. They travelled light – they had to – they were always on the move – never knowing where the next bit of food would come from or even when it would come. There was no time to think, no time for anything except finding the next lot of food. All their energies had to go into a seemingly never ending search for food.

It was only when the first farmers discovered how to grow their own food that they could start to settle in one place. And once they could make food grow where they wanted it, life was changed. Gone were the days of uncertainty and worry of where the next meal was coming from. Now people knew how to produce food and they could, with God's help, produce it where and when they wanted it. And freed of the all the worry, they could at last harness all their intellectual powers into getting their act together. The process of civilisation could begin.

Men and women, as we know them today – the builders in stone and metal, the composers of music, the writers of poetry, the visitors to the moon, the inventors of vaccines – have become so because long ago they learned how to grow crops and harvest them.

Let's thank God for our farmers – we owe them a lot. And let's thank God for our harvest.

**'The land has yielded its harvest: God, our God has blessed us.'**

## **October services at Holy Trinity Church**

Sunday 3 <sup>rd</sup> October	9.15am	Holy Communion
Sunday 10 <sup>th</sup> October	9.15am	Morning Prayer – Harvest Festival
Sunday 17 <sup>th</sup> October	9.15am	Holy Communion
Sunday 24 <sup>th</sup> October	9.15am	Morning Prayer
Sunday 31 <sup>st</sup> October	10.30am	Benefice Service at Sutton

If you would like to join us you will be made very welcome. At present we are still asking those attending church to wear a mask unless exempt.

A service is livestreamed – usually from Stalham - each week. Details can be found on the homepage of our website **[www.stalhambenefice.org.uk](http://www.stalhambenefice.org.uk)**

The church is open from 10am – 3pm every day for prayer or to light a candle for a loved one or just to 'be still'. All are welcome.

## **Church Contacts**

Our Rector Canon Simon Lawrence has now retired. During the vacancy you can contact our Curate Rev Andrew Bevan– email [apbevan@btinternet.com](mailto:apbevan@btinternet.com), tel 01692 582358, or our Rural Dean, Canon Catherine Dobson, on 01692 650359.

Churchwarden: Bunty McClean 01692 583481

You can also contact Enid Pollard on 01692 580444

## **Harvest Festival – 10<sup>th</sup> October – Harvest Offerings**

Last year, as a result of the offerings at our Harvest services, we were able to send a really good amount of non-perishable food to the food bank.

If you would like to bring a harvest offering, then tinned goods (soups, beans, vegetables, fruit, tomatoes, meat), pasta, rice, tea, coffee, long life milk, cereals, biscuits, fruit juice are all welcomed. Toiletries, baby supplies and things like laundry powder and washing up liquid are also needed. Thank you.

## **Operation Christmas Child Shoebox Appeal – how to take part**

Leaflets are available at Holy Trinity, or you can find all the information you need on the website <https://www.samaritans-purse.org.uk/what-we-do/operation-christmas-child>

Completed boxes can be collected (contact Dawn on 580634) or dropped into church. If you would like to sponsor postage for a box this costs £5 - cheques made payable to 'Samaritan's Purse' should be given to Dawn please.

## Sea Palling Independent Lifeboat

Lifeboat Day – with the weather forecast the week before getting ever more drier we had grave concerns for our Lifeboat Day, but what a day! The weather was kind, the crowds came and it was a great day! Thank you so much to everyone who came along and supported us and to our volunteer helpers who worked so hard. A special thank you too to Jason McGinty of Ginty's Entertainment who was fantastic! Together we raised much needed funds to keep the service going.

*For details of our supporters' merchandise, memorial plaques, business advertising space or how to make a donation please see our website, face book page or*

*e-mail [hannah@seapallinglifeboat.co.uk](mailto:hannah@seapallinglifeboat.co.uk) or*

*[dave@seapallinglifeboat.co.uk](mailto:dave@seapallinglifeboat.co.uk)*

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## Hickling Barn

### Orchard of Hope

The Orchard of Hope, marking the village's response to the pandemic, has been a tremendous success hence we are planning a further tree planting day on the last weekend of October. Full details are available on our website and at the Barn. Please call 07899847444 if you would like to purchase a tree for this community project.

### “A Wonderful World” 27<sup>th</sup> November

The Norfolk Broads concert Band are performing an inspiring mix of music from around the world, accompanied by delicious winter puddings and desserts. To ensure covid security, ticket numbers are limited to 60 - so don't delay, get your tickets today by emailing [ticketsales@hicklingbarn.com](mailto:ticketsales@hicklingbarn.com) or calling 07899847444 - tickets are just £12.50 including food.

### Music Lounge 13<sup>th</sup> November

Unfortunately this has been cancelled due to sudden serious ill health for one of the Band members. We all wish him a speedy recovery and hope the event will now take place in spring 2022.



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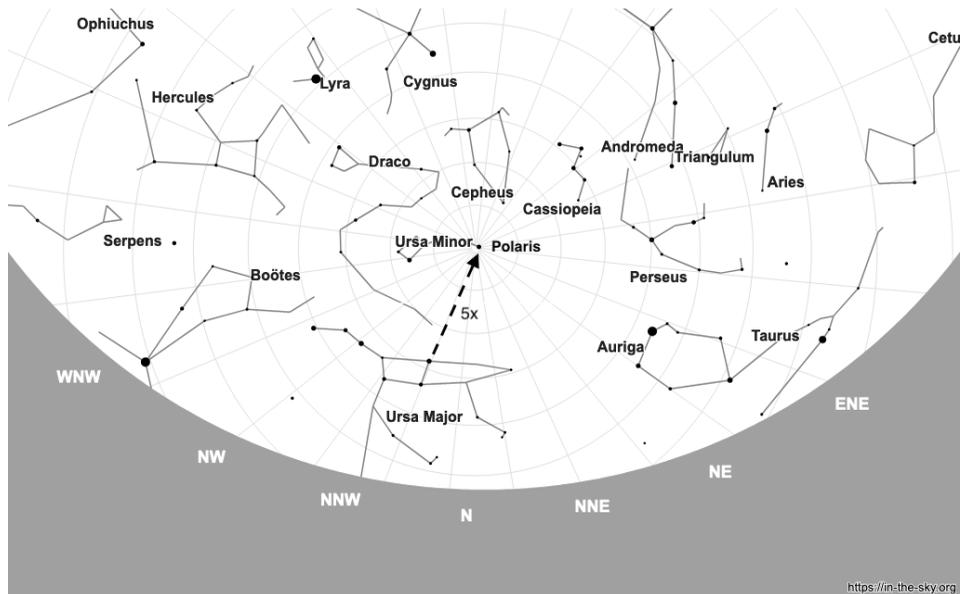


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# The Night Sky in October



Let's talk about star constellations again. If you have followed this column over several months, you might have noticed that some constellations are only visible at certain times of the year. Do you remember what I told you about the North Star (Polaris) and how to find it (extend the front of the Plough 5x upwards)? Because the Earth rotates around its axis, it looks like the whole sky rotates counterclockwise around the North Star once a day. Stars, planets, the Moon, and the Sun rise in the East, move South, and set in the West. Looking at the chart above, you will see that the constellations at a certain distance from Polaris will drop below the horizon at one point during this rotation, whilst the ones close enough will always stay above the horizon. Some of them are so far below the horizon that they will not rise before the day breaks.

But the daily rotation of the Earth is not the only thing that makes the sky rotate around Polaris! The yearly movement of the Earth around the Sun adds about one degree to the rotation every day (remember that a full rotation is 360 degrees). That means that constellations that are now below the horizon during the night will be high in the night sky 180 days later.

The constellations and stars that never drop below the horizon are called circumpolar. Which ones they are depends on the position of the observer. In England they are the ones in the circle around Polaris that contains the Plough (Ursa Major). All stars within that circle can be seen the whole year round, although in different positions around Polaris. All stars outside this circle can only be seen part of the year.

New Moon: 6<sup>h</sup>, First Quarter: 13<sup>th</sup>, Full Moon: 20<sup>th</sup>, Third Quarter: 28<sup>th</sup>

# MISSING CAT

Doughball has gone missing from Brick Kiln Lane/Goose Lane  
in Ingham near Stalham



He is very nosy and friendly so may have wandered into a garage or shed, so please check he has not got himself locked in any of your outbuildings.

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