

---

# INGHAM PARISH MAGAZINE

---



You are invited to a Tea Party!

At the Village Hall

On Sunday 27th June from 2.30pm

More information inside the magazine



June 2021

## Editorial

Dear Reader,

With the country slowly opening up again, it feels a bit like everybody is slowly waking up from a (too) long hibernation. People sticking their heads out of the front door, blinking their eyes in the bright sunshine. Is it real, or just a mirage? Can we go out? Is it safe? Can we carefully start socialising again? Have a pint in a pub somewhere? Maybe even go out for a meal? At least that is how Angela and I are feeling.

Isn't it amazing how one year can change everything, your whole perspective on the world around you? Things that we always took for granted have suddenly become precious. Let's take something positive away from this and try to really appreciate these things once we can do them again: meeting friends and family, going out with others, having a party even. Are you coming to the Tea Party at the Village Hall on the 27th? We will certainly be there and we are looking forward to saying hello to friends and acquaintances we haven't seen for ages.

Let's all carefully open up bit by bit, whilst keeping an eye on the situation to stay safe. I am looking forward to seeing you out there in the world.

*Andreas, Angela, Lesley, and Darren*

The magazine is available for download from the Ingham Village website: [www.inghamvillage.co.uk](http://www.inghamvillage.co.uk).

If you have any questions, comments, or ideas for improvement, please send them to us. You can email us too: [magazine@inghamvillage.co.uk](mailto:magazine@inghamvillage.co.uk)

### Norfolk Swift Response & Night Owls

A relative or friend who has had a fall?  
Do you need help to lift or move them?

**Day or night call:**

**0344 800 8020**



# You are invited to a Tea Party!

At the Village Hall  
on Sunday, June 27th from 2.30pm

To Celebrate the re-opening of the Hall after Lockdown

Please contact either

Diane (598598) or [farmerdi13@gmail.com](mailto:farmerdi13@gmail.com)  
Anne (580814) or [roganne42@hotmail.com](mailto:roganne42@hotmail.com)

All dietary needs will be catered for, so please let us  
know in advance.

**Do come and join in!**

(But we do need to know you are coming)

Final day for booking is Tuesday, 15th June.



## **INGHAM VILLAGE HALL - Registered Charity No 303988**

We were able to hold an indoor committee meeting on May 17th and were delighted to welcome a new committee member, Vera Moore, a long time helper who has joined us. This made up for the disappointment that only two people had accepted our invitation to the Tea Party on 27th June. We do need to know how many will attend so we can plan the catering. Please see the 'advert' on the previous page for full details. We would love to welcome as many as possible.

If you are a reader of the Eastern Daily Press, please could you collect the Cash-4 Charities Tokens? The Village Hall has registered for a share of the £20,000 to be able to provide a Defibrillator for the Village. We have collection boxes at Causeway Farm Butchers, Stalham DIY, and the Village Hall, or you can hand them to any committee member. The more tokens we collect, the greater the share! The tokens will be printed daily until 3rd July. Thank you.

### **Village Hall Regular Hirers for June**

***Agni Yoga*** - every Monday 6pm to 9pm (Pre-booking recommended, Pam 07971 398284)

***Cliff Knight Art Club*** - every Wednesday 9.30am to 12.30pm (Pre-booking recommended 01692 580212)

***EKKA Kickboxing*** - every Thursday 6pm to 9pm (Pre-booked only, Jacqui Keir 07585 023081)

***Ingham Art Club*** - Tuesday 1st and 15th from 2pm to 4pm (Anne 580814)

***Ingham Craft Club*** - Thursday 10th and 24th from 2pm to 5pm (Faith 583338)

***John Etheridge Art Club*** - every Monday 1pm to 5pm Pre-booking recommended (01692 583446)

**All Hall Booking** enquiries to Darren Rogers 01692 580202

email: [darren@inghamvillage.co.uk](mailto:darren@inghamvillage.co.uk) or book online at:

[www.inghamvillage.co.uk](http://www.inghamvillage.co.uk)

### **The Mobile Library**

Wednesday 2nd and 30th June at 3.20pm

Village Hall car park



## County Elections

Dear Parishioner,

I just want to thank all those that voted for me in the County Elections resulting in my winning again, with an increased majority, to continue serving you all. I have been both a District Councillor and now your County Councillor for 14 years and during those years have learnt much.

My most important statement is that in those 14 years I have never asked anyone who has contacted me about their personal political beliefs, because I have been selected to represent you all.

I am actively involved in several major projects and am excited that I have now a mandate to pursue them on your behalf.

Please never hesitate to contact me if you need help and I can assure you that both myself and my good longstanding friend, Duncan Baker, our MP, will do everything possible to help and support you.

Best Wishes

*Richard*

Cllr Richard Price

Phone: 07880791258

Email: [Richard.price@norfolk.gov.uk](mailto:Richard.price@norfolk.gov.uk)

## Causeway Farm Butchers



Home produced and locally sourced meats.

Home made traditional pies

**01692 580886**



**Open Tuesday—Saturday 9am-12.30pm and 1pm-5pm**

Find us on Facebook

**Sea Palling Road, Ingham, NR12 0TP**

## ***Rev Andrew Bevan writes...***

The month of June conjures up so many evocative thoughts of village life. The month when we would naturally start to see maturing crops in our fields, the excitement of village fetes, strawberries and cream teas.

This year June will once again be slightly different. The crops will appear in the field and strawberries will still ripen. However, even with the predicted relaxation of Covid 19 restrictions, we may not have the time to organise annual events on the scale of previous years. Perhaps we remain mindful of the impact that Covid 19 has had on our social interaction and have decided to leave some of our regular summer activities until next year.

Each one of us has had to deal with the past 15 months in different ways. We may have felt the stress of isolation, the frustration that restrictions have had on our daily lives, perhaps the impact of bereavement or illness in the most difficult of circumstances. Could your working life have been disrupted or had you been fighting on the front line with our wonderful medical services? For many this has provided a time for reflection – the opportunity to decide what is important in life, to re-evaluate the importance of relationships, to extend friendship to neighbours and to help enrich the society in which we live.

It can be difficult to try and reflect on all that has gone in the past and to look towards what the future may hold. For those who follow the Christian faith and the teaching of Jesus, we are given words of hope in the Bible. One such verse of teaching can be found in the Gospel of John, Chapter 8 verse 12. Jesus said, “I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life”. This does not mean that being a Christian will provide for an easy life, far from it, but by following the teaching of Jesus you will have the opportunity of enjoying the eternal light that he represents.

So this year we may not yet be able to enjoy all aspects of village life. However, we have all been given the chance to reconsider what is important and to look afresh to the delights of the summer which lies ahead of us. Regardless of our own personal Covid 19 journey, or if we are people of faith or none, we have a shared experience that we can all use to enrich our village life in the future.

Strawberries and cream, anyone?

*Rev Andrew Bevan.*

## June services at Holy Trinity Church

Sunday 6 <sup>th</sup> June	9.15am	Holy Communion
Sunday 13 <sup>th</sup> June	9.15am	Morning Prayer
Sunday 20 <sup>th</sup> June	9.15am	Holy Communion
Sunday 27 <sup>th</sup> June	10.30am	Benefice Holy Communion at St Peter's Brunstead

If you would like to join us you will be made very welcome. Safety measures include social distancing, extra cleaning, and hand sanitiser on entry and on leaving. Face coverings are required other than for those who are exempt.

The church is open from 10am – 3pm every day for prayer or to light a candle for a loved one or just to 'be still'. All are welcome. If you would like to visit outside these times please contact Bunty or Enid (numbers below).

## Church Contacts

Rector: Canon Simon Lawrence [simon.stalham@btinternet.com](mailto:simon.stalham@btinternet.com) 01692 580250

Sadly Simon is off sick at present but you can contact Andrew our Curate:  
Rev Andrew Bevan [apbevan@btinternet.com](mailto:apbevan@btinternet.com) 01692 582358

Churchwardens: Bunty McClean 01692 583481 Enid Pollard 01692 580444

Website: [www.stalhambenefice.org.uk](http://www.stalhambenefice.org.uk)

## Services are also available online:

Services are live streamed each week on our Facebook page (Stalham Church Benefice). You can find details of each live stream on our website [www.stalhambenefice.org.uk](http://www.stalhambenefice.org.uk) where you will also find a service sheet with everything you need to be able to take part in the service with us. Pews News is also available on the website with the full text of the readings, reflection and prayers.

On the 'videos' section of the website you'll find videos of each week's so that those who do not wish to register with Facebook can access them.



## Tuesday Cakes and Coffee & Tea

have begun again at St Mary's Stalham, every Tuesday from 9am to midday.

Do pop over and join us!

## The Domesday Book (or The Great Survey of 1086)

Ingham was noted as a settlement in the Domesday Book, in the hundred of Happing. At that time it was known as 'Hincham' which means 'seated in a meadow'. It had a recorded population 45.5 households in 1086, putting it in the largest 20% of settlements recorded in Domesday.

The following is a list of what was recorded for our village:

Tenant-in-chief: Count Alan (of Brittany)

Households: 11 villagers, 23 freemen, 22 smallholders, 2 slaves

Plough-land: 2 lord's plough teams and 3 men's plough teams. Plough teams consisted of groups of 8 oxen, which indicated how much land could be ploughed.

Meadow 24 acres, used for grazing.

Livestock: 6 cattle. 12 pigs. 350 sheep. 104 goats. 7 wild mares. Livestock was not consistently counted in the Domesday Book. Where livestock is recorded, it counts only the animals belonging to the lord.

Valuation: Annual value to lord: £15 (This valuation was probably to help the Crown calculate how much tax the lord should be charged.)

The results from this year's Census will be due out in late June. It will be interesting to see how the population has changed since 1086. Although I doubt they will have a listing for the amount of pigs, sheep, and goats!

*Research by Angela Schroeer*

Sources of information: OpenDomesday - online:

<https://opendomesday.org>

[www.domesdaybook.co.uk](http://www.domesdaybook.co.uk)

## Broadland Cattery

**Purpose built cattery for all of your cats needs - lots of cuddles guaranteed!**

- \* Quiet Location
- \* Heated Cabins
- \* Large Runs
- \* Short or Long Stay



**Stalham (01692) 580202**

[www.broadlandcattery.co.uk](http://www.broadlandcattery.co.uk)

[enquiries@broadlandcattery.co.uk](mailto:enquiries@broadlandcattery.co.uk)

Greenacres, Brick Kiln Lane, Ingham, NR12 9SY

## Broadland Computers

- ★ New & Used PC Sales ★ Repairs, Upgrades & Servicing ★
- ★ Peripherals & Consumables ★ Website Design & Hosting ★
- ★ Wi-Fi & Broadband Installations ★ Help & Support ★



Phone: Stalham (01692) 581766

Web: [www.broadlandcomputers.co.uk](http://www.broadlandcomputers.co.uk)

Email: [enquiries@broadlandcomputers.co.uk](mailto:enquiries@broadlandcomputers.co.uk)

Broadland Computers, Greenacres, Brick Kiln Lane, Ingham

## Sea Palling Independent Lifeboat

We now have a great new design in our range of merchandise and new for this summer this is also available from our beach stall which is open every Sunday morning (as well as from our usual outlets). Come along and see us and have a go on our giant deck chair!

PS. Don't forget **Lifeboat Day on Sunday 22<sup>nd</sup> August 2021**

*For details of our supporters' merchandise, memorial plaques, business advertising space or how to make a donation please see our website, face book page, or e-mail*

*hannah@seapallinglifeboat.co.uk or dave@seapallinglifeboat.co.uk*



## Jo Bushnell

Sports & Deep Tissue Massage Therapist

**Do you have aches and pains?**

I do deep tissue and sports massage.

I am mobile so can come to you.

Contact Jo on 07921 525832

## Window Cleaner



- ★ Windows ★
- ★ Gutters ★
- ★ Facias ★

**Rob Baker**

**07729 833666**

*be slim for life*  
with  
**Slimming  
World**



For More Info  
Call Deena  
07737470895

**Stalham Town Hall**  
**Wednesday**

9.30am, 11.30am

5.30pm or 7.30pm

 Stalham Slimming World

**SMALLSTICKS** *Cafe*

*Enjoy our delicious home-cooked lunch  
menu or pop in for coffee and cake*

**Open Friday, Saturday, Sunday and Monday**

Full details on Facebook or [www.smallstickscfe.co.uk](http://www.smallstickscfe.co.uk)

**Tel: 01692 583368**

**Email: [enquiries@smallstickscfe.co.uk](mailto:enquiries@smallstickscfe.co.uk) Cart Gap Road, Happisburgh, NR12 0QL**

# Sam the Lady Sweep

sweeping with a smile

Chimney Sweep  
Stove servicing  
Tar & creosote removal  
CCTV surveys  
Bird nest removal  
Thatch & historical properties  
Certificate given

Tel: 01692 582779  
07835 476106

Follow us on:   



[www.samtheladysweep.co.uk](http://www.samtheladysweep.co.uk)

## S. Allen Tree Services

Ranging from pruning to  
dismantling, hedge planting,  
trimming and site clearance.

Firewood sales.

Call Sam on **01692 598657** or  
**07414 902158**

## **Stalham and District Horticultural Society**

*The Poppy Centre*

*(off Recreation Rd Stalham)*

*Old and new members welcome*

Raffle & refreshments, including homemade cakes.

*It's the Honey Cart Man...*

## **DORRINGTONS**

Cess-pool & Septic tank Emptying Service



Tel 01692 584233

Mob 07775 995407



*Welcome to Holly Farm  
Aesthetics*

Luxury facials, demaplaning, LED light therapy and  
microdermabrasion treatments for face and body.

07890 484818

[hollyfarmaesthetics@aol.com](mailto:hollyfarmaesthetics@aol.com)

[www.hollyfarmaesthetics.com](http://www.hollyfarmaesthetics.com)  
Ingham, NR12



[James.draper@etfelectrical.co.uk](mailto:James.draper@etfelectrical.co.uk)  
[www.etfelectrical.co.uk](http://www.etfelectrical.co.uk)

07817 754568

*Domestic & commercial electrician based in Sea Palling.  
All electrical work undertaken from a full rewire to  
adding a socket or switch. We also specialise in  
solar PV and battery storage.  
Fully qualified and insured.*

## **Mr. Kerrison Your Village Master**

**Painter • Decorator • Plasterer**

**Free Quotes**

**20 Miles The Crow Flies**

Eccles, Stalham • Walcott  
Bacton • Wroxham Broads  
Beach Sea Side Houses • All Villages



**01692 582739 / 07919534361**

[www.mrkerrison.org.uk](http://www.mrkerrison.org.uk)

## The Night Sky in June

The astronomical highlight of this month actually happens during daytime: There is going to be an annular solar eclipse on Thursday the 10th of June! The Moon's orbit is not exactly circular, it is slightly elliptic. That means it is sometimes closer to the Earth and seems to be bigger, and sometimes it is further away and looks smaller. When the Moon moves between the Earth and the Sun during a normal solar eclipse, it is close enough to cover the whole of disk of the Sun. During an annular eclipse the Moon is too far away and leaves a ring of the Sun's disk uncovered (the "Ring of Fire"). Unfortunately this time you would have to travel to the Arctic to see the full show. In the UK we will only be able to see a partial eclipse (again). In Ingham the first contact (Moon touches the Sun's disk) will be at 10:12am, the maximum occultation of about 21% will be reached at 11:17am, and the fourth contact (Moon leaves the Sun's disk) will be at 12:27pm (all BST).



**WARNING: Do not look at the sun without proper eye protection! Do not use improvised protection like soot-covered pieces of glass and the like!** If you can't find your solar eclipse glasses from last time, you are welcome to come over and use ours. The safest way of watching a solar eclipse is by looking at a projection of the Sun. It is easy to make a pinhole projector: you only need a piece of cardboard with a small hole in the middle and a piece of paper onto which you can project the picture of the Sun. The larger the distance between the pinhole and the screen, the larger the picture of the Sun. Or copy what I did during the eclipse in 2015 and use a colander to project multiple pictures

of the partially occulted Sun onto a white background.

Third Quarter: 2<sup>nd</sup>, New Moon: 10<sup>th</sup>, First Quarter: 18<sup>th</sup>, Full Moon: 24<sup>th</sup>

# RSPCA EAST NORFOLK REHOMING CENTRE



**Stormzy** is a lovely little cat that came to us as an injured stray. He had a microchip but none of the details were up to date, we even went to the registered address but no one was there. He had been hanging about being fed by someone for about a year, so we cannot trace an owner.

He needs to be in a home now as he is a lovely boy who is very placid and loving, he can be a little shy at first which is understandable seeing as he had been fending for himself on the streets.

Please call RSPCA East Norfolk Branch Rehoming Line on 07867 972870 for more information.

## Cooks of Ingham Farmshop

Visit us for Seasonal Home Grown Fruit & Veg.

Honey – Preserves – Chutneys – Cakes – Cookies – Flour  
Cheeses – Ice Creams – Norfolk Apple Juices – Gifts – Books

Plus much more! Locally Sourced Wherever Possible

*Sugar and Gluten free products also available*

Boundary Farm, Palling Road, Ingham, NR12 0TS  
01692 598202

Mon to Sat 9am-5pm — Sun 9am-4pm

