
INGHAM PARISH MAGAZINE



Happy Easter

April 2021

Editorial

Dear Reader,

As I write this message I am looking out over the garden and see the daffodils cheerfully swaying in the gentle breeze. It is nice to see that they have picked themselves up after being flattened by the strong winds in March. Across the road I can see rabbits hopping around in the field. Yesterday there was a deer standing there and drinking from one of the puddles. It all reminds me of how fortunate I feel to live here. The beautiful views, the big sky, and of course the lovely people. Every time I go out for a walk, everyone has a smile, everyone says hello.

April last year was when we took over writing the parish magazine. At that time we had no idea what we were letting ourselves in for or just how much work was involved. Splitting the tasks between the four of us has really made everything much easier and, for me at least, very enjoyable. Of course the pandemic had started and we were in lockdown. Our first consideration was how to distribute the magazine safely. We didn't feel happy to ask our wonderful delivery people to go out when the government is telling everyone to Stay at Home.

I hope you enjoy Andreas' Night Sky page? I often read it and make a note to go outside to look up to see what he has been describing. Do you like the recipes? When Andreas suggested "Pizza Snails", Darren asked if we had stopped being vegetarians and were we so poor that we had to resort to eating snails!

Would you like to know more about the history of Ingham? There are new people in the village who might find this interesting. Do you have something that we could add?

We would like to wish you all a healthy and HAPPY EASTER!

Angela, Andreas, Lesley, and Darren

The magazine is available for download from the Ingham Village website: www.inghamvillage.co.uk.

If you have any questions, comments, or ideas for improvement, please send them to us. You can email us too: magazine@inghamvillage.co.uk

INGHAM VILLAGE HALL - Registered Charity No 303988

When the Village Hall opened in 1985 we had 12 full time committee members, 8 elected and 4 representative from Bridge Club, Craft Club, Parish Council and Parochial Church Council. Only Craft club and newly formed Art Club have one now. The number of committee members today is just 7.

This means we have vacancies to fill, so if anyone is interested in joining us for fund raising activities and social events please contact Diane either by phone (01692 598598) or e-mail (farmerdi13@gmail.com) Most of the present committee are long serving members and we do enjoy helping to keep our Village Hall solvent and an important part of community.

Village Hall Regular Hirers for April

Children's indoor and outdoor activities recommence this month. So our dance class can restart and also a martial arts club starts.

See website for dates and times.

All Hall Booking enquiries to Darren Rogers 01692 580202
email: darren@inghamvillage.co.uk
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Nature Notes from Well Cottage

Since the last set of notes we have certainly experienced some very changeable weather. Wet and windy, bright sunshine with temperatures way above normal and ice and snow!! During the period of sunshine we had large bumblebees in the garden. Apparently, they were probably 'Queen Bees' seeking a suitable place to build a nest.



The aconites and snowdrops have finished flowering and it was so nice to have the garden brightened by their flowers. Have you heard the tale that the only way to successfully grow aconites is to steal the plants from someone else's garden? This was told to us by our elderly neighbour many years ago. She had a large patch of Aconites in one of her

lawns which she said she had dug up from a band round a garden somewhere between here and Ludham where she often visited. We bought some plants but they never grew, so she told us to 'steal' some from her patch one day when she was out, which we did and they have flowered every year since then!!

The kestrel has visited the garden again and is seen most days hovering over the field at the front of the house.

The daffodils are now in full bloom but being knocked about by very strong winds which seems to happen every year.

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Farming Diary

In the last couple of weeks, I've started to work again... this is not pure laziness on my part, but the land had been too wet, snow covered, or frozen, to make any progress, for several months, again.



Photo: Angela

As the days are getting longer the farm and nature are awakening from their winter slumber.

The beautiful dawn chorus from the birds starts about 4.30 to 5 am and is quite lovely to stand still and listen to in the peace of the early morning.

The farm crops have had a little nitrogen to start them growing again and have responded accordingly.

I have been drilling spring wheat with the direct drill, a huge saving in time and reduction in exhaust emissions, and keeping the carbon trapped in the land as a result of little soil disturbance.

Spring wheat does not have to vernalise, this is a natural process where a winter sown cereal needs to experience a frost, to produce the grain carrying ear at the top of the plant. Spring wheat does not need a frost to produce grain and is a little cheaper to grow, although yield is down a bit compared to its winter sown cousins.

Whilst I was turning my drill tractor on the headland or edge of the field, my eye was drawn to a cock pheasant trying to impress his hen. He kept standing in front of her, leaning almost onto his side, opening his fine feathers, and wagging his tail feathers in a truly impressive display. Sadly for him his intended mate showed complete indifference and walked away, every single time. It's hard being a cock pheasant some times!

I really hope everyone has kept healthy in these awful times. I think a light can be seen at the end of the tunnel, but we must still remain careful despite infections dropping.

Best wishes to all Ingham folk.

Alistair Wright

Rev Andrew Bevan writes...

Dear Friends,

I am sure that many of us would have experienced taking a walk in a more mountainous part of the country and discovering along the side of the path a small unlit cave. You may well have stopped and tried to take a look inside or perhaps being adventurous stepped inside the dark, dank and gloomy atmosphere.

My mind turns towards another cave. A cave that focuses heavily on the heart of the Christian church at this time of year. Having travelled our spiritual journey through Lent, Christians are profoundly aware of where the story ends up on Good Friday. The outcome of that day sees Jesus being laid in a tomb, a small cave carved out of the rock for burial.

It is easy to view a cave from the relative safety of the outside. You will most likely be standing in the open with no knowledge of what lies behind the entrance. It appears dark and foreboding. This is certainly the image that we are left with on Good Friday as we see the promise of Jesus' salvation shut away in the tomb following his death.

There is, however, another view from a cave. That this is the view from the inside. Having spent a few minutes in the darkness of a cave our eyes become adjusted. We may still feel a sense of disquiet and disorientation but we will most certainly notice the brightness shining in from the outside. So from within the gloom of the darkness, we become aware of the light that is shining towards us.

This perfectly illustrates the power of the message that we receive on Easter Day. For on Easter Day we celebrate the rising of Jesus from his tomb, rising from the darkness of death and stepping out into the light of God's creation. We can celebrate the fact that the risen Lord Jesus is the light in our lives and the clear focus of our forgiven relationship with God. We too have passed with Jesus, through the darkness of death into light.

So as we travel through Easter and beyond, let us fill our hearts with joy that we can come to know the risen Jesus and allow him a place in our hearts. **Alleluia! He is Risen!**

Every Blessing,
Andrew

April services at Holy Trinity Church

We are delighted to be able to resume services in church in time for Easter Day.

Friday 2 nd April	10.30am	Stations of the Cross (outside, around the churchyard)
Sunday 4 th April	9.15am	Holy Communion for Easter Day
Sunday 11 th April	9.15am	Morning Prayer
Sunday 18 th April	9.15am	Holy Communion
Sunday 25 th April	9.15am	Morning Prayer

If you would like to join us you will be made very welcome. Safety measures include social distancing, extra cleaning, and hand sanitiser on entry and on leaving. Face coverings are required other than for those who are exempt.

The church is open from 10am – 3pm every day for prayer or to light a candle for a loved one or just to 'be still'. All are welcome. If you would like to visit outside these times please contact Bunty or Enid (numbers below).

Church Contacts

Rector: Canon Simon Lawrence simon.stalham@btinternet.com 01692 580250

Churchwardens: Bunty McClean 01692 583481 Enid Pollard 01692 580444

Website: www.stalhambenefice.org.uk

Services are also available online:

Services are live streamed each week on our Facebook page (Stalham Church Benefice).

There will also be a streamed service for Good Friday at 2pm.

You can find details of each live stream on our website www.stalhambenefice.org.uk where you will also find a service sheet with everything you need to be able to take part in the service with us. Pews News is also available on the website with the full text of the readings, reflection and prayers.

On the 'videos' section of the website you'll find videos of each week's service which will be uploaded as soon as possible to enable those who do not wish to register with Facebook to access them. We hope and pray that this development will help people to join us in worship at times they cannot be in church for whatever reason.

Sea Palling Independent Lifeboat

The lifeboat, "Lionheart", is back from her annual service and repairs and is running beautifully. Many thanks to Norman Farming Partnership, Hickling, for moving the boat around Norfolk on numerous occasions and many thanks to Moonfleet (Wayford) for repairing the hull and re-coating the inside with anti-slip surfacing free of charge. Thank you too to Shaun at River Marine for servicing the engine, again free of charge, and also to Marine Tec for a great job repairing the sponsons – a lifeboat has a hard life!

We have a new way that you can help us raise funds by signing up to easyfundraising.org.uk and nominating us as your Charity. It costs you nothing and every time you shop online via this site, which has a huge range of suppliers inc. Tesco, Marks & Spencer, Ebay etc. the Lifeboat gets a donation.

Finally, good luck from all the crew to Riley as you start your career with the Royal Navy.

For details of our supporters' merchandise, memorial plaques, business advertising space or how to make a donation please see our website, face book page, or e-mail hannah@seapallinglifeboat.co.uk or dave@seapallinglifeboat.co.uk

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HICKLING BARN

As we move into April we're looking to start reopening activities at the Barn in line with the Government's roadmap for easing the Covid-19 restrictions. We are expecting outdoor activities like football and croquet to resume this month along with the gym - operating along the same lines as it did before the latest lockdown. In May, we are hopeful that some indoor activities like snooker and exercise classes can resume.

We are also planning to hold a number of events later in the year - assuming there is no setback to the roadmap recovery plans. We may still be restricted in the number of people who can enter the Barn at any one time. We must also make sure that all events are organised safely - for all the visitors and for our volunteers who run them. If all goes well we will hold the Village Show on Sunday, August 1st. Later in the year we hope to put on a race night, a music night and a quiz. The annual fireworks and bonfire is due to take place on Sunday, November 7th - hopefully a chance to celebrate getting through the pandemic. As a pre-Christmas treat, the pantomime is scheduled to return on Sunday, December 12th.

It has been a difficult year for all of us and getting the Barn back up-and-running will be a challenge for our loyal volunteers. If you would like to help them please contact Nina on 01692 598215.

HICKLING COMMUNITY GYM TO RE-OPEN

The gym will re-open on Monday, April 12th with the same Covid-19 restrictions that were in place before the lockdown (pre-booked time slots, social distancing, no towels). Current members can resume with the same session slots as before. The gym opening times are Monday 7am - 11am, Wednesday 8.30am - 10.30am & 6pm - 7 pm, Friday 7am - 11am and Sunday 10am - 11.30am. The online Zoom stretch sessions will continue on Mondays and Fridays at 8.45am - 9.15am and the gym will be temporarily closed while they are taking place. If you would like to change your session time, or join the gym as a new member, please call Sally on 07900 445536.



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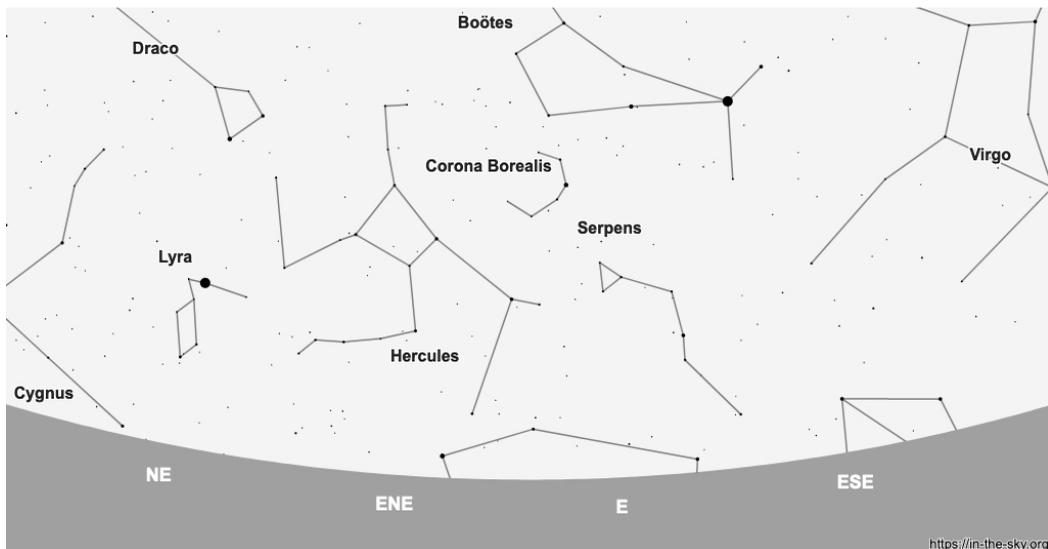


Open Tuesday—Saturday 9am-12.30pm and 1pm-5pm

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The Night Sky in April



This month I would like to introduce you to small but beautiful constellation that not many people know. But I promise you that once you have seen it for the first time, you will always spot it when it is visible in spring. Its Latin name is Corona Borealis - The Northern Crown. It consists of 6 stars that form a semicircle. Its brightest star is roughly in the middle, forming the “crown jewel”. One of its several names is therefore Gemma, Latin for “jewel”. Its official name is Alphecca. This is an abbreviation of the Arabic nayyir al-fakka: “the bright (star) of the broken (ring of stars)”.

Alphecca actually consists of two very close suns orbiting each other once every 17.4 days. They are 75 light-years away from us, which means that the light needs 75 years to reach us and that we see Alphecca as it was 75 years ago.

To find Corona Borealis in April, look towards the East around 10pm in the evening. If the sky is clear you will spot it instantly.

Third Quarter: 4th, New Moon: 12th, First Quarter: 20th, Full Moon: 27th



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