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# INGHAM PARISH MAGAZINE

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Ingham sunset by Angela

On Thursday 6 May 2021 elections will take place,  
see inside for how to apply for postal voting.  
They are anticipating a high volume of applications,  
so get yours in as soon as possible.

**February 2021**

## Editorial

Dear Reader,

Revisiting Andreas' comment last month about community spirit, that was certainly observed this month when checking with the magazine distributors how they felt about delivering as we've entered our third lockdown; so keen to ensure our neighbours are checked upon and to maintain this parish communication. Some of us have already had our first jab of vaccine, the days are noticeably beginning to pull out and signs of spring are on their way with the timely appearance of some snow drops around the area just ahead of our first snow which the youngsters enjoyed, so it's not all bad news as we have the year in front of us to look forward to, when surely the worst is now over.

A random fact from history to leave you with. This month 50 years ago Great Britain became decimalised. Guineas, half crowns, threepenny bits, sixpences and florins all vanished as our day to day currency. Whilst not yet, how peculiar that a bad dose of the flu is making much of our hard currency redundant as shops and others push towards a cashless society!

*Darren, Lesley, Angela, and Andreas*

The magazine is available for download from the Ingham Village website:  
[www.inghamvillage.co.uk](http://www.inghamvillage.co.uk).

If you have any questions, comments, or ideas for improvement, please send them to us. You can email us too: [magazine@inghamvillage.co.uk](mailto:magazine@inghamvillage.co.uk)



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## **INGHAM VILLAGE HALL - Registered Charity No 303988**

The Village Hall is closed once again until further notice. This means no income from Hall hire or our own fundraising. We still have to pay for electricity and water (toilets flushed and taps run to prevent Legionnaires disease) and, of course, grass cutting when the season starts as well as the annual safety checks for the electrics, gas heating, and fire extinguishers. We have been lucky to receive support grants from the District Council and donations, one from the Parish Council and two from private individuals. These are very much appreciated and we do give our grateful thanks.

We are unable to do any forward planning and will have to wait and see how 'things' go in the coming weeks.

We have asked many times for dog walkers to stop coming onto the Recreation Ground from the east end, but to no avail, so will be taking steps to prevent access this way. There is no right of way across the recreation ground! How many grounds in other villages are not fenced all round and allow dog walking? Very few, if any. The easiest way for us is to ban all dogs from the ground, but this is not something we really want to do.

We are not taking these steps just to be difficult, but to ensure the security of the Village Hall. Several years ago, before we had the store rooms added to the rear, there were 3 windows along the back and the Hall was broken into by the removal of the window at the east end. The purpose of the break-in was to rob the meter, but as we have only one just for the gas heating and it was August, there was nothing to steal. The Crime Prevention Officer said we were lucky the Hall wasn't 'trashed' and pointed out that the burglars had come onto the Ground along the back and advised us then to try to fence all round. Our Insurers also voiced their concern about this.

The land owner may be happy to have people walking along the edge of the field at the east end of the Recreation Ground, but there is no access or right of way onto the ground. The entrance and exit is via the gate on Mill Road.

### **Village Hall Regular Hirers for February**

Due to Coronavirus ***all events have been cancelled*** until further notice.

All Hall Booking enquiries to Darren Rogers 01692 580202

email: [darren@inghamvillage.co.uk](mailto:darren@inghamvillage.co.uk) or book online at: [www.inghamvillage.co.uk](http://www.inghamvillage.co.uk)

05/01/2021

## Postal Voting in 2021 Elections

On Thursday 6 May 2021 elections will be taking place in North Norfolk with electors voting in the Norfolk County Council elections and the Norfolk Police and Crime Commissioner Election. There are also several Parish Council by-elections also scheduled to be held on this day.

Given the ongoing situation with the Covid-19 pandemic we want to give electors as much time as possible to change voting arrangements if voting in a Polling Station during the pandemic is not desired.

If you wish to vote by post contact us by email at [postalvotes@north-norfolk.gov.uk](mailto:postalvotes@north-norfolk.gov.uk) or by phone on 01263 516046 and we will send you a form.

Local Returning Officer and Chief Executive Steve Blatch said:

"Whilst we are making arrangements for the safe delivery of elections at Polling Stations within North Norfolk at the forthcoming elections we are aware that a higher number of our electorate may wish to conduct their vote by post on this occasion, given the ongoing Covid-19 situation.

The North Norfolk district has the oldest average age demographic in the UK, so by nature we will be seeing a larger number of our residents having a higher level of vulnerability from the virus, so applying for a Postal Vote is an effective way for our local electors to still have their say on Thursday 6 May"

**Please note that any application for a postal vote must be completed by hand using 'wet ink' and we are unable to accept any digitally signed applications.**

In order to apply for a postal vote, you must be a registered elector within North Norfolk. If you need to register the easiest way to do so is online at [www.gov.uk/register-to-vote](http://www.gov.uk/register-to-vote) but again alternatively you can contact us by phone on 01263 516046 to do so.

Completed applications can either be returned by email to [postalvotes@north-norfolk.gov.uk](mailto:postalvotes@north-norfolk.gov.uk) or posted to Electoral Services, North Norfolk District Council, Holt Road, Cromer, NR27 9EN

Given the anticipated high volume of applications for postal votes we advise you to make your applications as soon as possible.

## Recipe of the month - Pizza Snails

A great uncomplicated recipe for the whole family (even for fussy eaters), quickly made, and a candidate for our favourite recipe of the year. Can be eaten hot or cold.

### Ingredients for 4 portions (12 snails)

#### **Dough:**

400g strong white flour, 1/2 tsp dry yeast, salt, 6tbsp olive oil, 200ml lukewarm water

#### **Pizzaiola:**

Olive oil, 1 medium-sized chopped onion, 1 tin of chopped tomatoes, 2tbsp tomato puree, 2 garlic cloves (or more), 1tsp rosemary, 1tsp oregano, 2tsp basil, 2tsp honey, salt, pepper, vegetables to taste (sliced mushrooms, diced peppers, sweetcorn, etc)

#### **Toppings:**

2 balls of mozzarella cheese, grated mature cheddar to decorate the snails

#### **Dough:**

Mix the ingredients and knead until smooth, separate into two balls, dust with flour, cover up, and put in the oven at 40-50°C.

#### **Pizzaiola:**

The trick with the pizzaiola is that you want to end up with a thick, creamy sauce without any excess water. Especially mushrooms release a lot of water, so add them early to give the water time to evaporate. Adjust the amount of vegetables so you receive about 1-1.5 litres of sauce for the 12 snails.

In a small to medium sized pan, glaze the diced onion in olive oil on a medium heat, add herbs and tomato puree, add vegetables and stir frequently. When the vegetables are getting soft, add the chopped garlic, chopped tomatoes, and honey. Add salt and pepper to taste. Simmer until the sauce is thick and creamy.

#### **Snails:**

Remove the dough balls from the oven and heat the oven to 220°C. Roll the dough into two 10"x15" rectangles on a flour dusted surface and cover them with the pizzaiola and diced mozzarella cheese. Then roll them into two 10" long rolls. Cut each roll into 6 slices and place the slices on their sides on a baking paper covered tray. Top each snail with grated cheddar. Bake on the top shelf for 10-12 minutes.

## Message from the Rector

Dear Friends,

Ash Wednesday the beginning of Lent, falls on February 17th this year, but can be as late as March 10th. I have often wondered why these dates are not set in stone, but vary from year to year. As we know Lent, when Ash Wednesday begins, is six weeks before Easter, a time for us to prepare, originally by prayer and fasting. The date of Easter is a moveable feast too, which affects when our season of Lent begins. In 2021, Easter Sunday falls on Sunday 4 April, just over a week earlier than last year's date of 12 April. This is because the date of Easter is calculated from the first Sunday after the first full moon following the Spring equinox in March. The reason for this is that Easter must occur after the biblical festival of Passover, on the full moon, when Jesus was crucified.

The decision on how and when Easter should fall each year was made by the Council of Nicaea in 325 AD, the first major church council. As the crucifixion and resurrection of Jesus happened after Passover, some early Christians decided to celebrate it then – on the 14th of the month of Nisan (from the Assyrian and Hebrew calendars). This equates with March or April in the Gregorian calendar (named after Pope Gregory XIII), which is what we use today. To complicate things other early Christians preferred to celebrate on a Sunday because it is when Jesus's tomb was found. So the Council of Nicaea was asked to resolve the matter. It decided Easter should be after the first full moon following the March Equinox.

The predominant reason why Easter falls on a different date each year is because we now use the solar, Gregorian calendar rather than a lunar one. This means the full moon occurs on different dates each year, and therefore so does Easter. Easter is based on a combination of the seven-day week and the cycle of the phases of the Moon.

The March equinox is the date when the sun crosses from the southern hemisphere of the sky to the northern hemisphere marking the beginning of spring. The day and night of the equinox are of approximately equal length. As neither the calendar year (365 days) nor the cycle of the phases of the Moon (29.5 days) divide evenly by the seven-day week, the date of Easter Sunday can move irregularly by up to a month, from between late March and late April. If we are one Church then why do different churches celebrate Easter on different days? It's all down to using different calendars. Eastern Churches (Greek and Slavic) and Oriental Churches (Syrian, Armenian, Coptic Egyptian and Ethiopian) continued using the Julian Calendar, named after Julius Caesar, even after Europe adopted the Gregorian Calendar in 1582. This is why even now Easter is calculated differently by the Eastern and Oriental Orthodox Churches to the Catholic and other western Churches, Easter is only ever celebrated at the same time by all Christians on the relatively rare occasions when the two calendars align.

Whenever the dates are, the importance of both doesn't change for any of us.

Lent is a time of preparation, as we endeavour to put our own spiritual house in order, a time of review, a spiritual MoT if you like. We do this in order that we are prepared to journey with the Lord through his trials and tribulations, onwards through Holy Week to Good Friday to receive the Resurrection Lord of Easter Day.

Every Blessing, *Simon*.

### **No services in church at present**

Although in the present lockdown church congregations are allowed to meet for worship, with the level of infection in our area at its current high rate, we have taken the decision not to meet in person until the situation improves. A service is still being streamed every week, however – details below.

The church is open from 10am – 3pm every day for prayer or to light a candle for a loved one or just to 'be still'. Our church has survived since the early 1300s. Generations have found solace there through the worst and the best of times. All are welcome.

### **Church Contacts**

Rector: Canon Simon Lawrence [simon.stalham@btinternet.com](mailto:simon.stalham@btinternet.com) 01692 580250

Churchwardens: Bunty McClean 01692 583481 Enid Pollard 01692 580444

Website: [www.stalhambenefice.org.uk](http://www.stalhambenefice.org.uk)

### **Services are now available online!**

Services are live streamed each week on our Facebook page (Stalham Church Benefice).

You can find details of the live stream each week on our website [www.stalhambenefice.org.uk](http://www.stalhambenefice.org.uk) where you will also find a service sheet with everything you need to be able to take part in the service with us. Pews News is also available on the website with the full text of the readings, reflection and prayers.

On the 'videos' section of the website you'll find videos of each week's service which will be uploaded as soon as possible to enable those who do not wish to register with Facebook to access them. We hope and pray that this development will help people to join us in worship at times they cannot be in church for whatever reason.

The church floodlighting will be switched off on the 31st January, last Sunday in Epiphany.

Many people asked couldn't it be lit longer than Twelfth Night. January is a miserable, dark and often cold month. Seeing the lit tower as driving back to Ingham from any direction is a welcome home.

The Christmas lighting of Holy Trinity is an annual event of course and traditionally the church is floodlit from the Carol Service until Twelfth Night. A favourite comment heard was 'Seeing the church lit lifts the spirits!'

I have had feedback that people love to see the tower shining out over the fields serving to remind that God is ever present, especially at the darkest of times.

Let us hope that we are now through 'the worst' and that there is hope on the horizon that one day we can 'get back to Normal'. *Bunty*

## Nature Notes from Well Cottage

Since our last notes, we certainly have had some mixed and varied weather. Although October was quite wet, it was still mild and the Fuchsias continued to flower to the enjoyment of the Bumble Bees which didn't seem to mind the wet. The Lavenders, too, were still flowering up until the first hard frost in December. We also had a Hollyhock in flower, a hardy Geranium and some Valerian. The 'last roses of summer' were picked on 22nd December! Having mentioned the rain, going back over the rain fall recordings (these began in 2006) the highest amount recorded was in 2007 when the total for the year was 782mls. The total for 2020 was 683mls.

The birds seem to disappear from the garden if the weather is very wet and windy and we have not seen any rarer visitors apart from a small flock of Long-Tailed Tits occasionally and, a brief visit from a Kestrel on 2nd January. Our resident Robin is always around and two Blackbirds have become quite tame, always on the look out for more food. The Goldfinches have not been seen for some time and the number of Blue Tits is much smaller. We hope they are finding food and shelter in nearby woodland and will return when the weather improves.

Gardening is virtually at a standstill, only being able to cut back shrubs where we don't have to tread on the soil which is so wet. At least we will have a very good supply of soft water when it is needed during the growing season in the green houses and on the garden.

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## Hickling Barn

Sadly, due to the continuing coronavirus restrictions all events at the Barn and the recreation ground remain on hold. This means no activities can take place inside the main building itself, or in the snooker room. The children's play area is allowed to stay open but team sports on the playing field are banned. However, you and members of your household bubble (or you and one other person) will still be able to use the playing field for daily exercise.

The Government has not put a time limit on these restrictions, but the Barn trustees will continue to monitor any further changes to the official guidance and will keep you informed.

With the roll-out of the vaccination programme there is light at the end of the tunnel and we look forward to joining together again to celebrate the friendship and neighbourliness that has been demonstrated throughout this crisis.

Looking forward, do you have a particular event you would like us to arrange once the restrictions are lifted? If so please contact Jan at [dedmanjan@hotmail.com](mailto:dedmanjan@hotmail.com) with details.

For more information please visit the Barn's website <https://www.hicklingbarn.com/>

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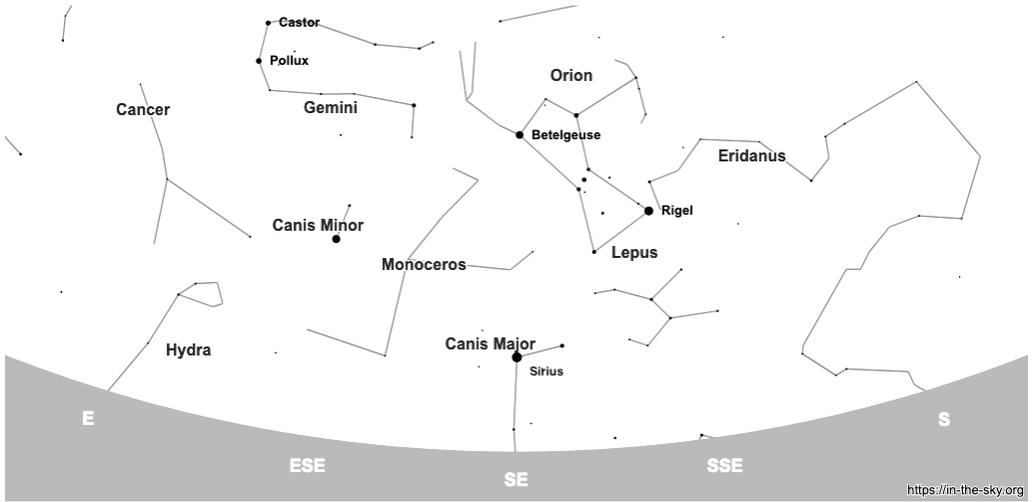
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# The Night Sky in February



Let's hope February will give us a few more clear nights than January did. If you have the chance to actually see some stars this month, I would like to invite you to visit a few old friends from last year's articles. Cast your eyes towards the South-East around 6pm. You should instantly be able to spot Orion with its right shoulder Betelgeuse and its left foot Rigel. To the top left of Orion are the Twins (Gemini) with the major stars Castor and Pollux.

Of course the hunter Orion is not alone. He is accompanied by his large dog: Canis Major. Early in the night, half of Canis Major is still below the horizon, but its brightest star is clearly visible: Sirius, the Dog Star. Sirius is the brightest star in the night sky, nearly twice as bright as the second brightest one. Its name come from the Greek for "glowing" or "scorching". Sirius is one of our closest neighbours with a distance of only 8.6 lightyears. That means its light needs only 8.6 years to reach us (so you actually see Sirius as it was 8 years and 7 months ago).

Third Quarter: 4<sup>th</sup>, New Moon: 11<sup>th</sup>, First Quarter: 19<sup>th</sup>, Full Moon: 24<sup>th</sup>

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If you wish to make a donation directly to us, you can of course do so via our website at [www.rspcaeastnorfolk.co.uk/donate/](https://www.rspcaeastnorfolk.co.uk/donate/)

All donations and support gratefully received at this difficult time!

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