
INGHAM PARISH MAGAZINE



The Mobile Library is back!

On 21st October at 15:20

the Library van will arrive at the Village Hall car park

October 2020

Editorial

Dear Reader,

So October is with us, and the nights draw in faster. A time for gathering the fruits of our gardens and hedges, if not already done.

Have you ever wondered who writes these Editorials? There is a clue! It is the person whose name appears first in the list of the signatures. Did you guess that?

Darren, Lesley, Andreas and I all have different roles in putting this magazine together. Darren and Lesley deal with adverts and payments. Andreas writes the Night Sky section and sometimes the recipe page. I select the content, create the layout and pull everything together ready for printing.

Angela, Andreas, Lesley, and Darren

The magazine is available for download from the Ingham Village website: www.inghamvillage.co.uk.

If you have any questions, comments, or ideas for improvement, please send them to us. You can email us too: magazine@inghamvillage.co.uk



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We need some volunteers to help keep our lovely old Ingham church clean and tidy. At the present time because of the covid situation we are having to be especially diligent. Would you be willing to give a couple of hours a month to join us? If so please ring 583311, leave a message stating your name and telephone number and we will get back to you.

Your help would be greatly appreciated.

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INGHAM VILLAGE HALL - Registered Charity No 303988

The selfish and mindless behaviour of a small minority of people have meant that we are almost back to 'square one' at the Village Hall - but it will remain open as the new limit on numbers will not affect the children's dancing on Fridays or the newly started football matches on a Sunday morning.

Meetings can be held provided there are no more than 6 attending!

Village Hall Regular Hirers for October

Aspire Dance - Friday 2nd, 9th, 16th, 23rd, 30th From 3 to 7pm
(Amy Hannant 07795421273)

Stalham Youth Football - Sunday 4th From 10am to 2pm (other dates to be added)

All Hall Booking enquiries to Darren Rogers 01692 580202

email: darren@inghamvillage.co.uk or book online at:

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The History of our Village Hall

The Village Hall has been open now for 35 years. It was officially opened on 21st June 1985 by the late Mr Peter Blaxell who was the District Councillor for this area and was very supportive of the project from the time a planning application was first submitted.

The idea for a new hall came about when an event to celebrate the Queen's Silver Jubilee in 1977 was held in the Cricket Ground pavilion, the old Village Hall being too cold and draughty for such an event. A Village Committee was formed and fund raising began in earnest. The old Hall was sold and with the proceeds from that, two small grants and the fund raising, enough money had been made to start the building on the Recreation Ground in 1984. Over the years facilities for the disabled have been added, two store rooms and, to commemorate the millennium, a new wall and entrance gate (a small lottery grant helped with this). The kitchen was completely refurbished in 2008 and new windows fitted throughout at the same time. Recently, the car parking area has been extended and a paved area laid down at the east end of the Hall. The bulk of the money for refurbishment and improvements has come from the fund raising efforts of the committee members, its band of loyal helpers and supporters, and of course the Hall hirers.

The Bridge Club and Craft Club have held their meetings at the Hall since it opened (not at the moment though) as have the Parish Council. Aspire Dance have had sessions since 2011 and other groups have come and gone!!

The Church Fete moved to the Hall and Recreation Ground in 2011 with the Village Hall ladies running the refreshments very successfully.

Two committee members attending the opening in 1985 are still serving and were on the fund raising Village Committee, indeed one served on the committee of the old Village Hall. Such loyalty and long service is much appreciated.

Barn events postponed or cancelled due to coronavirus

Race night has been postponed to 20th March 2021

For more information please visit the Barn's website www.hicklingbarn.com

Recipe of the month - Homemade Pumpkin pie

Perfect for autumn when pumpkins are in season, this classic recipe calls for fresh pumpkin rather than tinned.

For the filling

- 500g (1 1/4 lb) pumpkin, cooked and pureed
- 1 (410g) tin evaporated milk
- 2 eggs, beaten
- 175g (6 oz) dark brown soft sugar
- 1/2 teaspoon ground cinnamon
- 1/2 teaspoon ground ginger
- 1/2 teaspoon ground nutmeg
- 1/2 teaspoon salt

For the pastry

- 350g (12 oz) plain flour
- 1 teaspoon salt
- 200g (7 oz) butter
- 125ml (4 fl oz) cold water



Method

1. Preheat oven to 200 C / Gas mark 6.
2. Halve pumpkin and scoop out seeds and stringy portions. Cut pumpkin into chunks. In a saucepan over medium heat, cover the pumpkin with water and bring to the boil. Reduce heat to low, cover and simmer for 30 minutes or until tender. Drain, cool and remove the peel.
3. Return pumpkin to the saucepan and mash with a potato masher. Drain well, and measure 500g of the mashed pumpkin.
4. Prepare pastry by mixing together the flour and salt. Rub butter into flour, and add 1 tablespoon cold water to mixture at a time. Mix and repeat until pastry is moist enough to hold together.
5. With lightly floured hands, shape pastry into a ball. On a lightly floured board, roll pastry out to barely a 0.25cm thickness. Transfer to a 20 or 23cm pie dish, gently pressing pastry into the bottom. Cut off any excess pastry hanging over the sides of the dish, and pinch pastry securely around the inner edge.
6. In a large bowl with mixer speed on medium, beat pumpkin with evaporated milk, eggs, sugar, cinnamon, ginger, nutmeg and salt. Mix well. Pour into the prepared pie dish. Bake 40 minutes or until a knife inserted in the centre comes out clean.

Recipe courtesy of Mimi, a Canadian relative of Angela's. Andreas has promised to try it out!

Message from the Rector

Dear Friends,

We are shortly to turn our thoughts to Harvest Festival, if you have not done so already of course, with our fields all around us mostly now harvested. This year will certainly be a different sort of Harvest Thanksgiving than any we have ever had, what with having to be socially distanced and wearing masks in our church buildings, and sanitising our hands. We could never have envisaged that last year. Certainly Reverend Robert Hawker of Morwenstow who brought back the mediaeval custom of the Harvest Festival into the church in 1843, not to mention the Victorian hymn writers who gave us our traditional and much loved Harvest hymns, in their wildest dreams couldn't foresee such a situation. Harvest has changed, in one sense, beyond recognition.

It has broadened certainly, and rightly so, to include the harvest of the sea and our industries. These days, since the lockdown, and our reliance upon Information Technology for our communications, whether meetings by Zoom or video calls, social networking and more, surely we should even include such things too in our Harvest Thanksgiving. So emphasis indeed may change, but one thing Reverend Hawker, the Cornish eccentric priest and poet, would still recognise, is the reason behind our thanksgiving, however broad a harvest we may be celebrating, and that as the Bible reminds us is simply this, "all things come from you O God, and of your own do we give you"(Chronicles 29: verse 14). The New Testament (James 1: verse 17) also reminds of us that we should give thanks to God for all these things "Every good gift and every perfect gift is from above and comes down from the Father of Lights".

So of course, do remember always all the hard work of the farmers which we see evidenced around us, who have harvested to feed us. Also remember the other elements of the harvest, such as I have suggested to you. Harvest is always a time for us to remember those around the world who are not as blessed as we are, who may have had a poor or no harvest this year, and try and make some gift to provide for them. Finally we may not have been responsible for having driven a combine harvester or tractor, nor wielded a computer laptop perhaps, that hasn't been our particular role, but looking forward we do very much have a role to play in what the Victorians called "the harvest of souls", I much prefer the words "spreading the Good News of the Gospel" for the ultimate harvest of that is very much our responsibility, and unlike the other things we have spoken about that cannot be left to others.

Every Blessing,

Simon

October services at Holy Trinity Church

Sunday 4 th October	9.15am	Holy Communion
Sunday 11 th October	9.15am	Morning Prayer – Harvest Festival
Sunday 18 th October	9.15am	Holy Communion
Sunday 25 th October	9.15am	Morning Prayer

If you would like to join us you will be made very welcome. Safety measures include social distancing, extra cleaning, and hand sanitiser on entry and on leaving. Face coverings are now a legal requirement other than for those who are exempt.

The church is open from 10am – 3pm every day for private prayer and reflection – if you would like to visit outside these times please contact Bunty or Enid (numbers below).

Church Contacts

Rector: Canon Simon Lawrence simon.stalham@btinternet.com 01692 580250

Churchwardens: Bunty McClean 01692 583481

Enid Pollard 01692 580444

Website: www.stalhambenefice.org.uk

Harvest Festival – 11th October – Harvest Offerings

Last year, as a result of the offerings at our Harvest services, we were able to send a really good amount of non-perishable food to the food-bank.

If you would like to bring a harvest offering, then tinned goods (soups, beans, vegetables, fruit, tomatoes, meat), pasta, rice, tea, coffee, long life milk, cereals, biscuits, fruit juice are all welcomed. Toiletries, baby supplies and things like laundry powder and washing up liquid are also needed. Thank you.

Operation Christmas Child Shoebox Appeal

We will be taking part in this appeal again this year. Leaflets will shortly be available at Holy Trinity, or you can find all the information you need on the website

www.samaritans-purse.org.uk/what-we-do/operation-christmas-child

Completed boxes can be collected (contact Dawn on 580634) or dropped into church. If you would like to sponsor postage for a box this costs £5 - cheques made payable to 'Samaritan's Purse' should be given to Dawn please (number above).

Our Shoebox Celebration Service will be at 3pm on Sunday 17th November at St Mary's Stalham. If you have any queries, please speak to Dawn. Thank you.

Hedgehog included on Red List for British Animals

It has been disheartened to learn that the hedgehog has been included in the first red list for British mammals. It is important that we do what we can to help the declining population, so we thought this would be a good opportunity to share with you some ways we can all help hedgehogs, especially in our gardens.

As well as putting out a shallow dish of fresh water and some tinned dog or cat food every night, you can help hedgehogs find food by leaving some areas of wilderness with long grass, dead wood and leaves so hedgehogs can forage for bugs and grubs.

During hot weather or long dry spells, it is important to put out water for hedgehogs every evening and it will help all the other wild animals in your garden too!

Hedgehog homes

Hedgehog homes are a great way to help the hedgehogs visiting your garden and can also make good 'cat-proof' feeding stations.

You can put soft hay in as bedding, but do also try and leave some fallen leaves around for the hedgehog to make the home his or her own.

More information from Tiggywinkles Wildlife Hospital.



Tiggywinkles
The Wildlife Hospital Trust

Making a Hedgehog Home

Materials

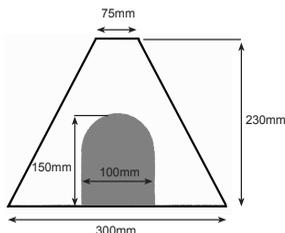
To make a hedgehog home you will need:

4 x pieces of 150mm (6"), featheredge board, 500mm (20") long.

1 x piece of timber for the capping, 75mm (3") half round or aris rail is easiest to obtain, 500mm (20") long.

(The section used in the picture is specially made for Tiggywinkles)

2 x shaped pieces, as shown below, for the front and back.



Front and Back

The front and back can be made out of 25mm (1") sawn timber or 19mm waterproof plywood.

230mm (9") high
75mm (3") wide at top
300mm (12") wide at the bottom

An entrance hole 100mm (4") wide, 150mm (5") high, is required in one end.

Construction

The simplest way to fix the home together is with galvanised nails:

Start by fixing the bottom pieces of featheredge to the back and front pieces.

Leave a 25mm (1") overhang, front and back, to keep the weather out.

Then nail the top 2 pieces of featheredge on so that they are level with the top, they will overlap the bottom pieces.

Then finish the home by nailing on the capping, making sure it is placed evenly over-lapping both sides.

Some local spooky bits of information for Halloween

Against the north side of Holy Trinity was once a small priory of 'St. Mary, the Holy Trinity, and St. Victor, for the redemption of captives from the Turks'. Established in 1630 by Sir Miles Stapleton, negligible remains exist in the churchyard itself, the conventual buildings forming the nucleus of the nearby Swan Inn at the staggered crossroads. The story goes that when the church altar was taken down for repairs in the 1860s, not only were found 19 skeletons piled beneath it, but also the entrance to a tunnel that supposedly linked the priory with the Manor House ½ a mile away. Unfortunately this passage, never explored, was sealed up again.

Ghost in the Pit

Just over the churchyard wall, again on the north side, is a deep and wide depression, now grassed, overgrown, and part of a garden. This is the site of a former gravel pit, which was once allegedly haunted by the apparition of a "tall pale lady."

Source: Ernest R. Suffling: 'History & Legends of the Broad District' (Jarrolds, 1891), p. 39-40, and p.125.

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Lessingham and District Gardening Club

Ingham residents are invited to join members of the Lessingham Gardening Club at their monthly meetings which are held on the first Wednesday of the month in Lessingham Village Hall at 7.30pm. The programme includes speakers giving talks on different aspects of gardening with some monthly meetings having other garden related evenings. Membership is £10 a year or guests are invited to pay £2 for one meeting. A raffle is held to help funds. If you are interested in gardens and gardening do come along.

Stalham and District Horticultural Society

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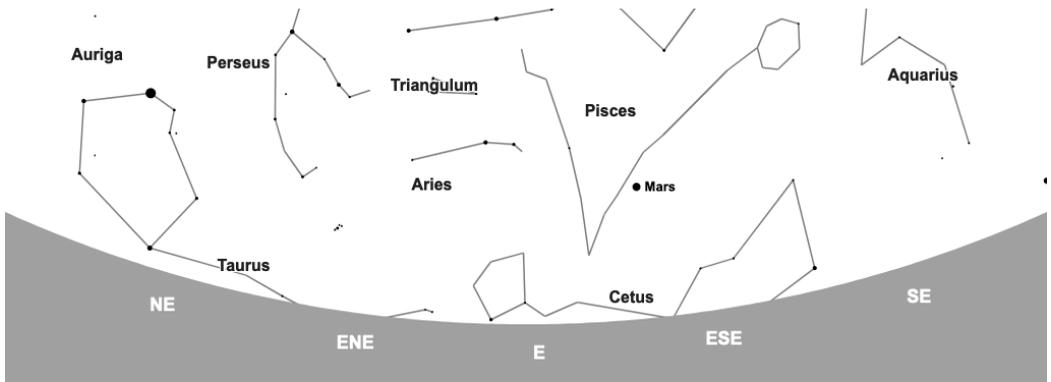


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The Night Sky in October



If you look due East around 8pm you will see a bright point of light with a slight red tinge. This is Mars, our next door neighbour in the Solar System. Billions of years ago Mars used to have rivers and an atmosphere, but because Mars has only about half the diameter of the Earth, its surface gravity is two and a half times smaller. This was not enough to hold the water and gas, so they have now mostly evaporated into space. As Mars has only a tiny magnetic field, the solar wind can reach the surface and played a major role in stripping away the atmosphere. Nowadays the small atmospheric pressure on Mars makes it impossible for liquid water to exist.

This month we have two Full Moons. When that happens, the second Full Moon is called a “Monthly Blue Moon”. If there are four Full Moons in one season (versus the usual three), the third Full Moon in that season is called a “Seasonal Blue Moon”. Guess what: Blue Moons are rather rare! Each type only occurs once every two or three years. So a Blue Moon is not actually blue in colour. Nevertheless, very occasionally dust particles in the air can give the Moon a blue tint.

The first Full Moon this October is called the “Harvest Moon” as it is the closest to the September equinox.

Full Moon: 1st, Third Quarter: 10th, New Moon: 16th, First Quarter: 23rd, Full Moon: 31st

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If you are able to offer him a home please complete the Cat Perfect Match on www.rspcaeastnorfolk.co.uk/adoption or call 07867 972870 for more information.

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