
INGHAM PARISH MAGAZINE



Photo: Darren Rogers

Finally we are back to paper deliveries.

If you would like a paper copy of the April, May, or June edition, please get in contact and we will see that you get one.

Just call Angela or Andreas on 218164 and let us know.

July 2020

Dear Reader,

As you read this, we should be experiencing the most major easing of the lockdown so far as most businesses including some in the hospitality sector begin to open their doors again. Our hearts go out to all of these businesses who rely on being busy during the summer season and the trade from holiday makers. Let's hope everybody behaves responsibly and we do not find ourselves in a second lockdown!

Please remember as we begin our weekly visits to the larger shops that it was the little shops, farm shops and corner shops that were the lifelines for many of us and they will need our ongoing help and support so they will always be there for us.

This month marks the first successful paper based delivery of the magazine by the new team. We had them printed and were ready to distribute at the end of March when the lockdown prevented us from doing so. We hope those of you that are reading the new magazine for the first time enjoy it. We shall continue with both paper and electronic delivery now we are fully up and running again.

You can now sign up to have the monthly magazine emailed to you or you can download the magazine from the Ingham Village website: www.inghamvillage.co.uk.

If you have any questions, comments, or ideas for improvement, please send them to us. You can email us: magazine@inghamvillage.co.uk. Or drop us a note to Landell, Brick Kiln Lane.

Lesley, Darren, Angela, and Andreas

Dear Ingham Village,

We had been thinking of moving into Stalham because of the difficulty of shopping when I can no longer drive. We hardly knew any of our neighbours, but since lockdown and our total self isolation due to my husband's health, we have had so many offers of help from the Parish Council, the Village Hall Committee, the Council, and our neighbours that we feel we are part of a really caring community and can stay in the lovely spot where we have lived for 20 years.

Thank you all so much, *Joan and John Marv. en*

INGHAM VILLAGE HALL - Registered Charity No 303988

At the moment, our planned celebration for Norfolk Day on 26th July, will not take place. It would be very difficult to 'keep our distance' in the Hall itself and we cannot rely on the weather to hold an event outside. We are probably looking at a 'return to normal' in September.

Although the Hall has been closed, the Recreation Ground has been frequently used (groups of people breaking the self distancing laws) as well as the dog walkers. We would like to thank some of them (the dog walkers) for clearing up litter left by the others and for clearing up dog poo and the dog poo bags left on the ground in spite of there being a bin for them!!

We would like to remind everyone using the Recreation Ground that there is only one entrance and exit, and that is by the gate on Mill Road. We had the bank at the east end of the ground built up again last year after it had become badly eroded in several places, but, sadly, this is now happening again. There has also been another kind of vandalism - nothing too serious - but what small minded person would think it clever to throw eggs at the main entrance doors? This happened during the very sunny weather in May and was so dried on it took a lot of effort to remove it.

The Hall is being redecorated inside at the time of writing this and the floor will be thoroughly cleaned and re-surfaced with a non slip covering when the decoration is finished.

Ingham Craft Club

There will, of course, be no meetings in July and as we have a break in August anyway, it seems our next meeting might be September 10th. Circumstances permitting. Contact the club Chairman, Faith Hubbard (583338) for more information on this.

All Hall Booking enquiries to Darren Rogers 01692 580202

Email: darren@inghamvillage.co.uk or book online at: www.inghamvillage.co.uk



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Nature Notes from Well Cottage Following on from last months' notes, we did get some much needed rain but could have done without the wind and cold! Up to the middle of June we had 29mm of rain which is more than 3 times the amount we had in May - at least the water butts are full again. The garden plants certainly benefited from the rain and the peas and broad beans are 'swelling' nicely. We hope to start picking some of the fruit by the end of June.

We had a family of Blue Tits in the garden on 31st May, 2 adults and at least 6 young, never still long enough to count exactly and it was quite amusing to see them lining up round the bird bath waiting their turn for a dip. They stayed around for 2 more days, then the adults took them away. A young Greater Spotted Woodpecker flew into the kitchen window on June 10th and dropped into a Fuchsia in a tub below the window. We thought it was dead but after carefully lifting it from the shrub it started to wriggle and when released flew off, squawking angrily, no doubt with a headache! Once the weather warmed up again we were seeing Peacock and Small Tortoiseshell Butterflies and the purple flowering hardy Geranium is alive with bees, Honey and Bumble. The bees seem to be attracted more to purple and blue flowers as the Lavender and Linaria are also full of them. A Kestrel has been seen hovering over the field at the front, the first we have seen for some time.

Lessingham and District Gardening Club

Residents of Ingham are invited to join members of the Lessingham Gardening Club at their monthly meetings which are held on the first Wednesday of the month in Lessingham Village Hall at 7.30pm. The programme includes speakers giving talks on different aspects of gardening with some monthly meetings having other garden related evenings. Membership is £10 a year or guests are invited to pay £2 for one meeting. A raffle is held to help funds. Future talks: an illustrated talk by Richard Hobbs on Wednesday 2nd September. If you are interested in gardens and gardening do come along.

Stalham and District Horticultural Society

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A bit of Ingham history

Coronation Day, Tuesday 2 June 1958 at Ingham

For children there was to be fancy dress. My mother found some useful patterns in Woman's Own. My sister Diane was to be a coronation rosette and I, a clown.

Yards of red, white and blue crepe paper was bought. My grandmother skilfully sewed the necessary bits on her treadle Singer sewing machine. Mine were sewn onto a pair of blue pyjamas that had been issued to my aunt when she had been sent to nurse in India. The backing for the rosette was one side of a cornflake packet.



I don't remember much of the village event just that it was a bit chilly when we all paraded around the ground in our costumes. I do remember I used my mother's red lipstick on my nose and cheeks and it stained my skin for a week.

When the post coronation day celebration meeting was held Lennie Baker, the publican at the Swan, proposed that the residue of Coronation Day funds be given to every child who had dressed up and made the event colourful. This was agreed So we each were given a ten shilling note, which was worth a bit in those days and reflected the way children, post war, were valued.

We thank Wendy Montgomery for sending us this interesting article.

Mobile Library

If you are a mobile library customer with books on loan they will be automatically renewed until further notice.

Our local library also remains closed.

Message from the Rector

Dear Friends,

At the entrance of an RAF Station in Iraq in the 1920's was a huge sign, which read, 'Abandon hope all ye who enter here'. This of course was a quote from Dante's Divine Comedy and was the supposed inscription over the gates of Hell. Whether being based at that RAF station just after the First World War was a form of hell, I don't know, but I do know that we never have to abandon Hope. Our hope is in God and in each other. We find hope in very many people, both in our lives, and in the past.

We have recently celebrated St Peter's Day. In St Peter, I think that we find a great example of hope. Here was a blunt fisherman who said what he thought and acted often without thinking what he was doing. Yet Peter was the one in whom Jesus saw hope and the possibility to change. More so than that, Jesus saw that in Peter here was the man who he could trust to the extreme and upon whom he would found his Church. So Peter was changed from a fickle follower of Jesus into the strongest and in some ways ultimately the most faithful of the Apostles, even unto death.

We can take great hope in that Peter was able to change from what he was, into the faithful follower and the Rock that he became. After Peter's confession, his acknowledgement of Jesus as the Christ, revealed to him Jesus says by God and not by man, he was given the Keys of the Kingdom, which later became his symbol in the Church, two crossed keys. Despite all of that we know all too well that Peter was very human, often said the wrong thing, often failed in what he tried to do, and yet he succeeded in the end. In that we can all take hope. God can in Jesus take us, mould us, and make us, into the people Jesus knows that we always can be. We never ever have to abandon hope for we can always have firm and certain hope, for as the hymn reminds us 'All our hope on God is founded', always and forever, and there is no firmer foundation into which to place our hope than that.

Every blessing,

Simon

Canon Simon Lawrence - simon.stalham@btinternet.com (01692 580250)

Holy Trinity Church is open once again!

Following the news that churches were allowed to open their doors for individual prayer, the churchwardens have worked hard to prepare Holy Trinity for visitors. Some areas of the church are cordoned off to reduce the areas needing to be cleaned. A one way system is marked out in case more than one person visits the church at the same time, pews are regularly cleaned, and of course, hand sanitiser is provided for use as you enter and leave. The church is open from 10am – 2pm every day, but if you are working during these hours and would like to visit at a different time please phone Bunty (583481) or Enid (580444) and they will arrange a time with you.

We are also preparing to resume services in church, but this will be done in a gradual way as we wait for further guidance from the Government and the Church of England as to how to conduct services in a way which keeps everyone safe. Further details next month – or check the church noticeboard for updates.

Pews News Extra

During lockdown we have been producing a bumper 'Pews News Extra' each week. Rather than just containing the weekly notices, it has the readings for the week, a reflection, prayers, hymns and various other items. We intend to continue producing this for some time yet. If you are able to get online, you can find a link to the latest issue on the homepage of our website: www.stalhambenefice.org.uk or if you'd like a paper copy, please contact us and we will arrange for you to receive one.

DO YOU NEED HELP IN THESE UNCERTAIN TIMES?

Do not hesitate to let us know. We have a group of willing, trustworthy volunteers who can collect medication or help with shopping. If you or anyone you know would like help please call Bunty 01692 583481 or Enid 01692 580444.

Ways to join in with worship via radio, television, online and by telephone:

The Diocese of Norwich weekly podcast contains a reading, reflection, questions to ponder, and prayers – listen at local rate from any landline on 01603 537577, or online at <https://www.dioceseofnorwich.org/news/podcast-sunday-hope/>

Another phone resource from the Church of England is 'Daily Hope' – options for hymns, prayers, and reflections on a free phone number: 0800 804 8044. There is a morning service at 8.10am on BBC Radio 4 and at 8am on local radio, and Songs of Praise is usually at 1.15pm on BBC1.

Hickling Barn events

The ongoing coronavirus restrictions mean that the Village Show can not now go ahead as planned at the end of July.

So we are planning to do a virtual show for flowers and veg in July along the same lines as the virtual dog show held in June, with people entering by photograph. We hope that later in the year we can stage a second indoor event for baking, art and crafts etc - with, of course, the flowers and vegetables present but in photographic form!

For more information please visit the Barn's website:

<https://www.hicklingbarn.com/>



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Wildflowers on road verges and ponds

In Ingham there are two roadside nature reserves, the cutting and management of which is undertaken by Norfolk County Council, one on Grub's Lane and one on the south side of Town Road, almost into Stalham. After two years of mis-timed cutting of the Grub's Lane verges, this year the verges were left uncut at their main flowering time and gave a wonderful display of primroses, violets and orchids together with a mixture of other wildflowers growing on the verges and bank of this lane.

It is for the early purple orchids that this reserve was created and these were flowering in the shade of trees over a few weeks in April and May with over 150 flowers heads showing on one particular day. During lockdown with more people using this road perhaps the flowers were a new and welcome discovery for walkers and cyclists.

The other roadside reserve in Ingham has danewort growing, a large shrubby plant with white flowers and later glossy, black berries.

In the spring of 2019 the RHS and Wildlife trusts had a campaign to encourage those with gardens to make a wildlife pond. Wild About Gardens – big or small, ponds for all is a pdf which can be downloaded from wildaboutgardens.org.uk. It includes: Why a pond? Make a wildlife pond, Mini ponds, Wildlife pond in action, Pond identification. If you have space in your garden do think about including a wildlife pond and you may find it fascinating as different bugs, beetles, insects, snails and frogs arrive to colonise the water as well as birds coming in to drink, all within a thriving wildlife environment.

Book recommendation: Wilding by Isabella Tree. The return of nature to a British farm.

- - - -

We thank Mary Bennett for this lovely article.

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We are pleased to announce that our Wall of Memories is up and running. To remember a loved one or celebrate a happy holiday at Sea Palling, an anniversary or milestone birthday, why not give a celebratory plaque on our Wall of Memories. Our plaques create a very special gift or wonderful surprise memento of your visit and help support a very worthwhile cause. For details please contact Amanda on 01692 598150 or email: dave@seapallinglifeboat.co.uk

Save the Date!

Sea Palling Lifeboat Day – Sunday 30th August

We are planning to hold our annual Lifeboat Day on Sunday 30th August. BBQ, refreshments, stalls and much, much more!
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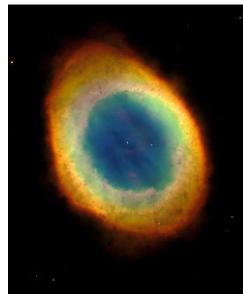
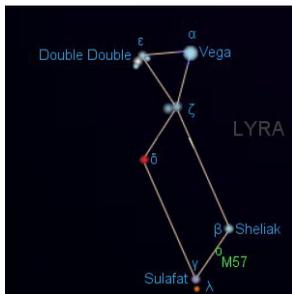


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The Night Sky in July



Last month we were looking at the Summer Triangle of Vega, Deneb, and Altair, and how you can find the Milky Way with the help of Deneb and Altair. This month I would like to talk a bit about Vega and its constellation of Lyra. At midnight you will find Vega very high in the southern sky, close to the zenith. The left picture shows the constellation of Lyra with Vega at the top right as you will see it in the sky. Have a look and try to match all the stars you can see to the picture. If you have a pair of binoculars, look at the top left star Epsilon-Lyrae (also known as the “Double Double”). It consists of at least five stars. How many single stars can you make out through the binoculars? I sometimes wonder how many once-used telescopes are gathering dust in attics and garages. If you have one of those, dust it off and give it a try. You will probably be able to distinguish four stars in Epsilon-Lyrae.

There is one object in Lyra that is on the bucket list of every backyard astronomer: M57, the Ring Nebula! It is roughly halfway between the bottom two stars Sulafak and Sheliak. If your telescope has a diameter of about 10cm or more, you should give it a try. It is much smaller than you think and quite hard to find. Start with a medium magnification and look for a star that is very slightly blurred. Then switch to a higher magnification and you should see something like the picture in the middle. Only much larger telescopes with an attached camera show M57 in all its glory (right picture).

Full Moon: 5th, Third Quarter: 13th, New Moon: 21st, First Quarter: 28th

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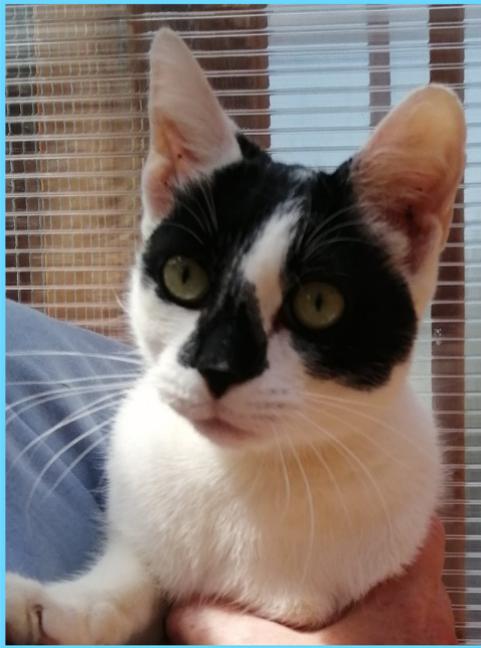


Barry Dorrington



Tel 01692 584233

Mob 07775 995407



Meet Max

Max is just 8 months old and a bundle of energy! He will need a home full of fun and games and things to keep him occupied. He would prefer to be the only cat (as he can be quite full on!) and will need a home with access to the outdoors once he has settled in.

If you would like to meet this lovely cat, and give him a chance of a forever home, please call Lesley on the RSPCA East Norfolk Rehoming Line: 07867 972870.

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