
INGHAM PARISH MAGAZINE



Photo: Angela Schröer

Local Coronavirus Help and Support

Ingham Parish Council have made available a “Coronavirus Help” page on our village website at www.inghamvillage.co.uk with lots of useful information available to assist us through these troubling times. This will be updated as regularly as possible. Please help your neighbours by making them aware of this resource.

More information inside the magazine.

April 2020

Editorial

Dear Reader,

We are happy to announce that the impending demise of the Ingham Parish Magazine has been avoided. The new editors of the magazine are Lesley and Darren Rogers, and Angela and Andreas Schröer. We would like to thank Bunty McClean for all her work over the years and also for not giving up poking the four of us until we agreed to carry on with the magazine. So far we have no idea what we have let ourselves in for, but we promise we will give it our best shot.

You will notice that the layout is slightly different because we are using a different publishing system and we would like to give the magazine a fresher look. Andreas is adding a monthly column about the night sky, in the hope that it might be of interest to our readers. We are also going to make the magazine available for download from the Ingham Village website: www.inghamvillage.co.uk.

If you have any questions, comments, or ideas for improvement, please send them to us. You can email us too: magazine@inghamvillage.co.uk

Despite all the current worries about the virus, we would like to wish you all a very healthy and HAPPY EASTER!

Lesley, Darren, Angela, and Andreas

A number of local businesses are offering help during this time:

Cawdron's Butchers - free delivery on orders 01692 580254 (option 1) - info@cawdrons.co.uk

Lessingham Star - takeaway food & delivery - 01692 580510

AG Meals & Son - will deliver within 5 mile radius for £4.50, minimum spend £30 including their Baked by Vera's Coffee Shop products. You can collect too. 01692 580226 - www.agmeale.co.uk

Tesco Stalham has special opening hours for vulnerable and elderly: Monday, Wednesday and Friday mornings 9am to 10am.

Lathams at Potter Heigham have priority shopping for the vulnerable and elderly between 8am and 8.30am.

INGHAM VILLAGE HALL - Registered Charity No 303988

We were very disappointed that only Committee members and 2 'liaison' members attended the AGM on 10th March. It is very disheartening to realise that nobody in the village could be bothered to spare at least one evening to attend. The committee works really hard to keep the Hall and Recreation Ground well maintained by organising all kinds of fund raising events and doing all 'the behind the scene' work. We are very fortunate to have a really super cleaner (hirers often comment on how clean and fresh the Hall is kept), and the volunteers who help at our fund raising events and those who help to keep the Recreation Ground tidy. We must also thank our regular hirers for their continued use of the hall for their meetings.

At the AGM the chairman, Kate Ward, stood down from the committee, so we are yet another member short! We do thank her for all the hard work she has put in during her time on the committee.

The Committee now is: Caretaker Chairman/Secretary, Diane Pestell; V. Chairman, Pearl Chadwick; Treasurer, Faith Hubbard; Booking Secretary, Darren Rogers, with Anne Powles, Anna Goose, Lesley Rogers, and John Rosbottom.

The Easter event planned for April 5th has been cancelled owing to circumstances beyond our control. We hope to replace this with another event later in the year.

8 Teams took part in the Quiz 'N' Chips on 14th March and £113.45p was raised for Hall funds. Our thanks to all who supported the event and for the donation of raffle prizes.

Next Quiz is May 23rd, if circumstances allow it!

Village Hall Regular Hirers for April

Due to Coronavirus ***all events have been cancelled*** until further notice. Contacts and numbers are given in brackets if you wish to speak to someone about an event.

Art Club - (Anne 580814)

Aspire Dance - (Amy Hannant 07795421273)

Bridge Club - (David Willitts 580616)

Craft Club - (Faith 583338)

Broadland Group Norfolk Wildlife Trust - (David Mole 650826)

All other Hall Booking enquiries to Darren Rogers 01692 580202

email: darren@inghamvillage.co.uk or book online at: www.inghamvillage.co.uk

Lessingham and District Gardening Club

Residents of Ingham are invited to join members of the Lessingham Gardening Club at their monthly meetings which are held on the first Wednesday of the month in Lessingham Village Hall at 7.30pm. The programme includes speakers giving talks on different aspects of gardening with some monthly meetings having other garden related evenings. Membership is £10 a year or guests are invited to pay £2 for one meeting. A raffle is held to help funds. Future talks include The History of the Plantation Garden in Norwich by Mrs. R Liss on Wednesday 6th May and Bulbs: an illustrated talk by Richard Hobbs on Wednesday 2nd September. If you are interested in gardens and gardening do come along.

Stalham and District Horticultural Society

Friday 17th April, 7.30pm

At The Poppy Centre

(off Recreation Rd Stalham)

Old and new members welcome

*Raffle & refreshments including
homemade cakes.*

S. Allen Tree Services

Ranging from pruning to
dismantling, hedge planting,
trimming and site clearance.

Firewood sales.

Call Sam on **01692 598657** or
07414 902158

Mobile Library Dates

This vital outreach service offers videos as well as books and you can join at the mobile library or use your existing Norfolk Library ticket.

Ingham Village Hall

4 weekly on Wednesday 3.25pm-3.45pm

*8th April, 6th May, 3rd June, 1st July, 29th July, 26th August,
23rd September, 21st October, 18th November, 16th December*



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Rhubarb and Orange Chutney

920g (2 1/2lbs) Rhubarb, trimmed
3 Large Onions
900g (2lbs) Demerara Sugar
1 level tablespoon Mustard Seed
level tablespoon Salt
2 large Oranges
845ml (1 1/2pints) Malt Vinegar
450g (1lb) Stoned Raisins
1 level tablespoon Peppercorns



Wash the rhubarb and cut into small pieces.

Finely grate the orange rind and squeeze out and strain the juice from the oranges.

Skin and finely chop the onions.

Place in a large preserving pan with the rhubarb, raisins, orange, juice, vinegar and sugar.

Tie orange rind and spices in a piece of muslin and add to pan with the salt.

Bring to the boil and simmer for about 2 hours or until is thick and pulpy with no free liquid, stirring occasionally.

Remove the muslin bag, pour into hot jars, cover and seal.

Makes about 2.25kg (5lbs).

This recipe is from the Millennium Morsels book produced by the village to raise funds for the Village Sign 20 years ago.

The full book can be found on the the village website under the Local Info tab.



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News from Holy Trinity Church

As you will all be aware, the Coronavirus outbreak means that we may no longer meet for public worship, so very sadly there are no services to advertise this month or until further notice.

However, our lovely Church will remain open for anyone who would like to come in and spend time in quiet for prayer and reflection. Just please remember to practice social distancing if anyone else happens to be there at the same time.

Your Church is still here for you even if we are not meeting and can help with shopping etc (see notice below). We will still remain a praying community and you can leave prayer requests at the church or over the phone. And do feel that you can call me or Bunty or Enid if you just need someone to talk to (numbers below).

This is an unprecedented situation and one which may make us feel lost, helpless and alone. But we remember that God promises to be with us always, in whatever trouble or difficulty we find ourselves.

You might find it helpful to look up the words to Psalm 23 - "The Lord is my shepherd" - an expression of trust in God during difficult times - and make them your own prayer during the days and weeks ahead.

With every blessing,

Simon

Canon Simon Lawrence - simon.stalham@btinternet.com (01692 580250)

Church Flowers

No flowers in Lent, in keeping with local tradition.

DO YOU NEED HELP IN THESE UNCERTAIN TIMES?

Do not hesitate to let us know. We have a group of willing, trustworthy volunteers who can collect medication or help with shopping.

If you or anyone you know would like help please call
Bunty 01692 583481 or Enid 01692 580444.

An Easter message from Andrew, our Curate



Dear Friends,

In my study window, I am privileged to have a piece of stained glass which depicts a silhouette of a person kneeling in front of an empty cross. The cross is set in a beautiful hillside landscape with the rays of the sun rising behind it.

I am very often drawn into this scene as I work at my desk and three very powerful messages come to mind.

The landscape depicts the beauty of creation and here in Norfolk, we are blessed with so many reminders of the wonder of God's creation: both the meandering waterways of the Broads and the miles of open beaches teeming with wildlife. It reminds me of the story of creation in the book of Genesis, and "God saw everything that he had made, and indeed, it was very good" (Genesis 1 v 31).

The kneeling figure reminds me that God is there for all humankind. We all feature in his landscape and his creation, regardless of our status in life or whether we claim to have a relationship with him. In the good times of our lives and in the bad times, we can all be assured that we can come into his presence and discover the peace of God's love.

What about the empty cross? This reminds us that Jesus overcame an unjust punishment and subsequent death to rise again on Easter Sunday. Through his rising again in glory we have been gifted the opportunity to overcome the perils of human frailty. The gift that God has given us is the opportunity to seek a relationship with him, to know him in our daily lives and to be blessed by the love that he shows us.

Sometimes it can be easy to feel that this is irrelevant in our lives. It can be difficult to feel a connection to anything but the busyness of daily life. Perhaps I can ask you to do one thing over this Easter period. In all of that busyness just give yourself a few quiet minutes, sit peacefully and just try and listen for silence. Think about the scene in the stained glass panel, the image of creation, humankind and the relationship with the cross.

You may just be amazed to discover something wonderful in the silence.

Every Blessing, **Andrew**

SEA PALLING LIFEBOAT RAFT CHALLENGE

We need your help on the 8th and 9th of May 2020. We as a crew are going to undertake a raft challenge! We will be paddling a homemade raft along the Norfolk Broads from Norwich to Stalham - this is a challenge of 54 miles to be completed in 2 days.

HOW CAN YOU HELP?

We are looking for sponsorship to help this event as well as raising funds for Sea Palling Independent Lifeboat. If you would like to contribute towards the challenge and support our independent lifeboat, then please contact Edward at:

edward@seapallinglifeboat.co.uk

All support is gratefully received!

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Sea Palling Independent Lifeboat

Grant - As an independent lifeboat, not part of the RNLI, we have to raise all funds ourselves to maintain the service. A lifeboat, with all of its ancillary equipment needed, consumes money at a tremendous rate and the task of our Fundraisers is never-ending. Occasionally, the opportunity arises to receive a grant to update critical items of Rescue Equipment.

We are pleased to announce that an application to the Department of Transport's Inshore and Island Rescue Grant Fund 2019/20 has been successful and we are now able to undertake some much-needed work to our equipment. This award is vital to our being able to offer a first-class service to those in need and to ensure the safety of our crew.

On behalf of the crew of Sea Palling Independent Lifeboat, we wish to thank all those involved with this Grant and hope that in future years, it is possible for it to continue to be available and support the work of Independent Lifeboats and Search and Rescue Services.

Postponed events due to Coronavirus:

Easter Egg Hunt/Tombola Prizes - Don't forget that our annual Easter Egg Hunt takes place on Friday 10th April 2020 from 10am - 2pm at the Boatshed and on the Beach. Fun for all the family! To help us raise money at this event, do you have any unwanted gifts that we could use for our Tombola? We are looking for smellies, stationery, chocolates, alcohol - anything that would bring a smile to your face if you won it! If so, any items can be left at "High Street Hoodies" 84 High Street, Stalham.

18th April collecting at Roys - We will be out and about fundraising on Saturday 18th April 2020 outside Roy's of Wroxham. Come and say hello and see our kit and we can tell you all about our valuable service.

Event at the Horse and Groom Tunstead 25th April - On the evening of 25th April, we will be at a fundraising Pie and Mash evening at the Horse and Groom at Tunstead. No ticket required - just come along and join in the fun.

We will update you with new dates as soon as it is known what the situation with Coronavirus is.

Remembering Sam Sheldon and Simone Royall - The crew has been remembering our ex-chairman Sam Sheldon and fundraiser Simone Royall who sadly passed away 5 years ago. Some of our crew members attended Sea Palling Church on Sunday 8th March 2020 to commemorate this.

Celebratory Plaques - Our celebratory plaques are a special way of remembering a loved one, create a very special gift or a wonderful memento of your visit and help a very worthwhile cause. For enquiries please call Amanda on 01692 598150.

Barn events postponed or cancelled due to coronavirus

The Hickling Barn events committee has decided, in view of the coronavirus outbreak, to cancel all planned fundraising events until the Village Show on July 26.

The Race Night which was to have taken place on March 28 will be postponed until September 12.

The Music Lounge in April has been cancelled, as has the Village Fair and Dog Show in June.

The next two screenings at the rural cinema have also been cancelled.

A decision about other activities at the Barn will be taken at a meeting of trustees on Monday, March 16.

For more information please visit the Barn's website <https://www.hicklingbarn.com/>

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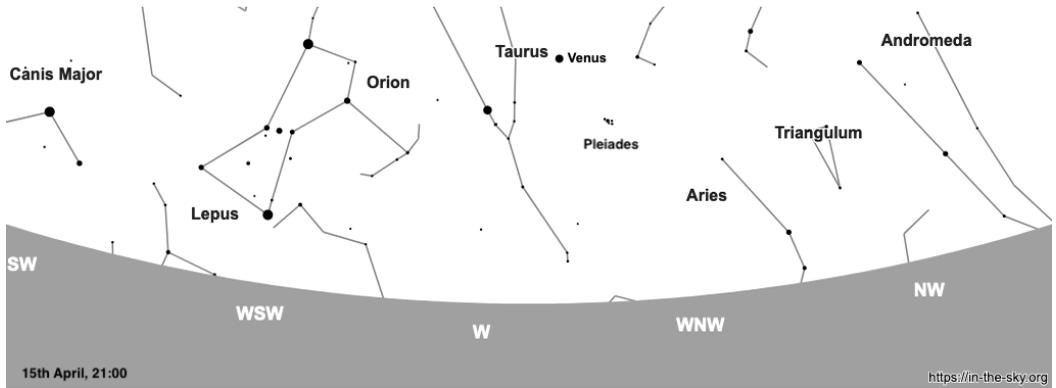


Open Tuesday—Saturday 9am-12.30pm and 1pm-5pm

Find us on Facebook

Sea Palling Road, Ingham, NR12 0TP

The Night Sky in April



The main attraction in April is the planet Venus in the constellation of Taurus in the western evening sky. Apart from the Moon and the Sun, Venus is by far the brightest object in the sky and can easily be mistaken for an airplane's headlight. Venus is our next door neighbour towards the sun, a planet always shrouded in thick clouds and with a surface temperature high enough to melt lead. Because it is closer to the sun than we are, Venus is only ever visible in the evening or morning sky. That's why it is also known as the evening or morning star. Seen through a telescope, Venus shows phases very much like the moon.

About 5° down and to the right of Venus you will find the Pleiades, a beautiful cluster of stars, best viewed through binoculars.

In the early morning sky you can observe Mars, Saturn, and Jupiter towards the SE horizon between the constellations of Capricorn and Sagittarius.

Also look out for the Lyrid meteors around 22nd and 23rd April, especially as it's a New Moon at that time.

Full Moon: 7th, Last Half: 13th, New Moon: 22nd, First Half: 29th

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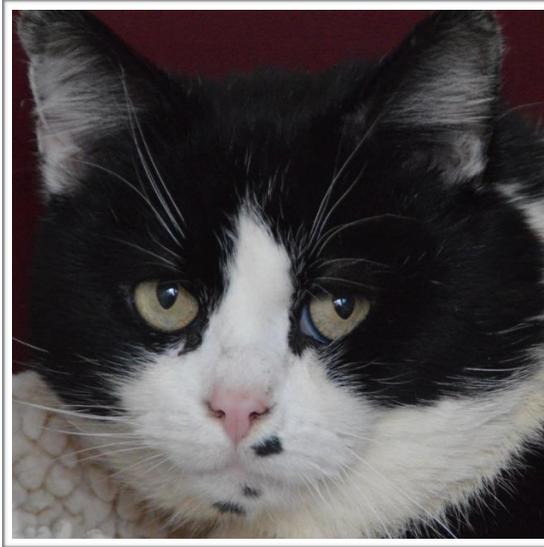
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Barber is such a handsome lad, he is estimated to be around 5 years old and has previously spent his time wandering the streets. He is on the shy side, but once he gets to know you, he shows his friendly personality.

If you would like to meet this lovely cat, please call to make an appointment on the RSPCA East Norfolk Rehoming Line: 07867 972870.
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